

Falkirk HSCP Project Team

The Falkirk Collaborative

09 March 2023

Vision Statement

“In Falkirk, we work in partnership to promote and inspire people with learning disabilities to live the best lives they can by becoming involved in meaningful activities within environments that are accessible and inclusive.”

The Journey So Far...

Falkirk Collaborative



Phase 1

iHub began working with HSCPs to review and redesign learning disability services.



Phase 2

Engaged with service users and carers as well as staff to gather their views of internal day opportunities.



Identifying key themes

Analysed engagement data to identify key themes and undertake a SWOT analysis of the service.



Phase 3 begins

In person and virtual feedback events in September shared what we've learned so far.




Big Planning sessions

The Big Plan is a collaborative process that offers an opportunity for young people in transition and their families to plan for their future.



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Phase 2: Listening to the Service User and Carer Voice

- In Phase 2 of our work, we met with service users and carers to hear about their experiences.
- We wanted to understand the impact of Covid-19, what people had, and what they wanted for the future.
- Easy read surveys were developed and Talking Mats were used to gain service user views.
- Participants were offered a variety of ways to engage – face-to-face, over the phone, or via postal responses.
- The Falkirk Collaborative sought the views of 13 service users and their carers, a total of 26 views.
- A total of 16 responses were received.

Talking Mats Example



Easy Read Survey Example

1. What Help/Support have you had from Falkirk Council since lockdown?

5. Have you had help from anyone else?

3. What was bad?

4. Is there anything that would make it really good/better?

6. What was good about it?

7. What was bad about it?

8. Did you want more help?

Yes ☐ No ☐

9. If you could have anything you want, what is it?

10. What would help you to do this?



Further Engagement Events

- In May 2022, we held a Staff Engagement Event.
- We shared the themes that had emerged from the service user and carer feedback and staff shared their thoughts and feedback.
- We held further engagement/feedback events in September 2022 to tell service users, carers, and staff about The Big Plan and our plans for Phase 3.



What We Learned in Phase 2

The Keys to Life



Living



Learning



Working



Wellbeing

Independent Living

- People want to feel understood
- Opportunity to pursue own dreams and live an independent life
- Need support to establish a routine and structure
- Respite options
- Better transport provision

Person-centred support and a choice of meaningful activities and venues

- More community-based support options and improved building-based support
- Safe activities for people with learning disabilities
- Access to the outdoors
- Access to any activity with a support worker available

Opportunities for college

- Support and understanding of own learning needs and requirements

Opportunities for work/volunteering

- Raise awareness of employers to support employment opportunities
- Opportunities based on interests and strengths

Opportunities for social support

- Relationships with family and friends
- Build relationship with support worker

Engagement

- Include people in the process to better support their outcomes
- Listen to people to move forward change

Social Work

- Better understanding of the social work system and how to access support
- Need for more staff and support
- Resources and affordability of support
- Flexible budget

Phase Three

- In Phase 3, the Falkirk Collaborative have been working with young adults with a learning disability in transition from Children's Services to Adult Services.
- We have been undertaking Big Planning work to support a person-centred assets based approach to working with the young person and their network of support to help them achieve their desired outcomes.
- The Falkirk Collaborative have been working with six young people and their support network between October 2022 and March 2023 engaging in Big Planning work.

The Big Plan



- The Big Plan is a collaborative planning process that offers a unique opportunity to engage a group of individuals (often young people in transition), families, and community volunteers.
- Planning for your future should be exciting - whatever support a person needs.
- The Big Plan will help an individual to discover their own way and make the plans that make sense to them.
- Individuals are invited along with their family members, friends, and members of the community to come together over a series of sessions to make plans together for a great life.
- We work together to recognise a person's unique strengths, dreams, and hopes for the future, and to create a plan to move them closer to the future they want.

What We Learned in Phase 3

- Collaboration is key – e.g., the Connecting Together Group
- Strong and Sustainable Communities – we must work together and co-produce
- Inclusion – our communities must be accessible, e.g., ongoing CPT work in Falkirk
- Lived experience participation – service user and carer voice is important
- Relationship-based practice – honesty and trust is vital
- Share, connect, and work together
- We will continue to use 'Keys to Life' as our compass

What's Next?

This is only the start of the journey:

- Build on this work
- Collaborate and co-design
- Joint working
- Lived Experience
- Expand the Connecting Together Group
- The Transitions Team
- Change Champion Team (The Coming Home Implementation)


Thank you
for
listening!



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Neighbourhood
Networks

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