

In the midst of a staffing crisis, how can the NHS design better services?

Dr Amal Al Sayegh Consultant Psychiatrist 30 November 2022

Outline















Duncan of Jordanstone College of Art & Design University of Dundee

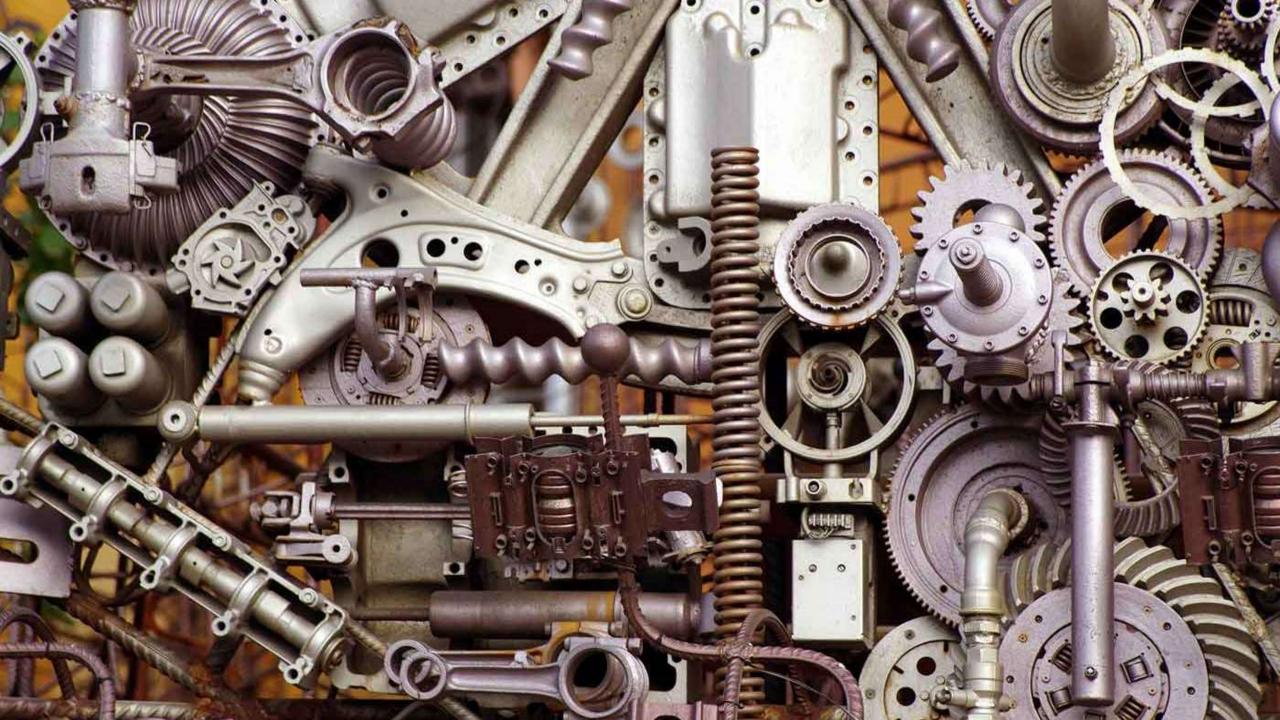




Complexity

Short-staffing

Complexity





Complex Adaptive System

Complex

Diversity

Great number of connections between a wide variety of elements

Adaptive

Capacity to alter or change

Ability to learn from experience

Systems

A set of connected and interdependent things

"Things"

Independent agents





Local knowledge and conditions

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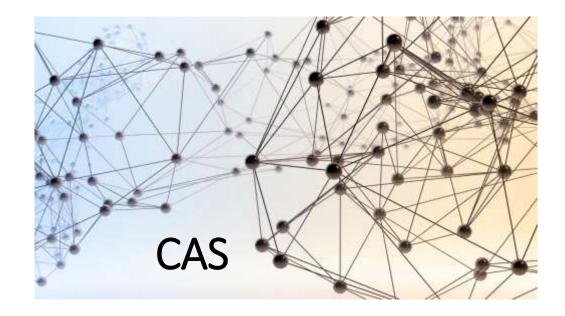
Not controlled by any central force

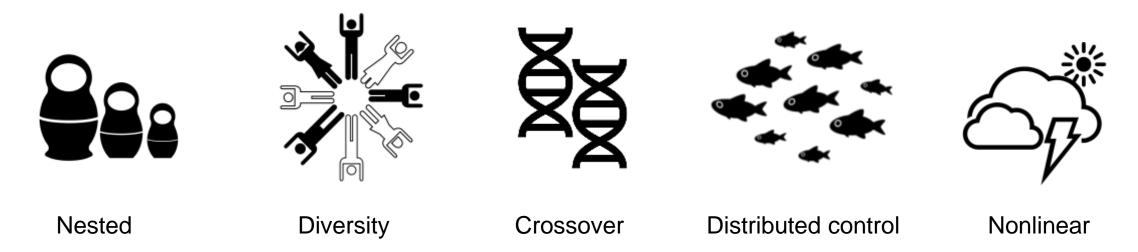


Part of a densely connected web of interconnecting agents



Unique schema

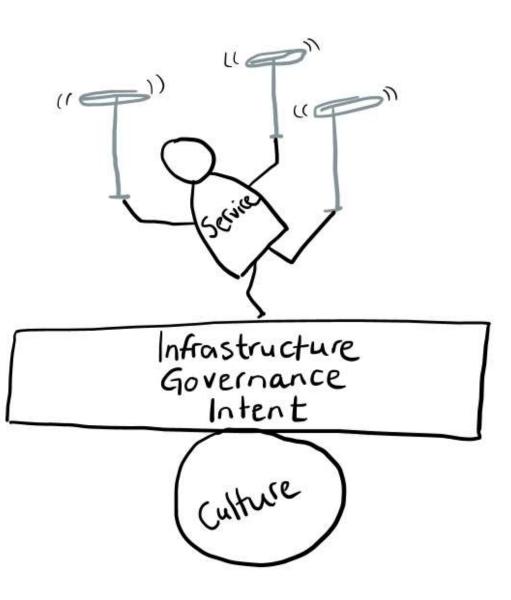




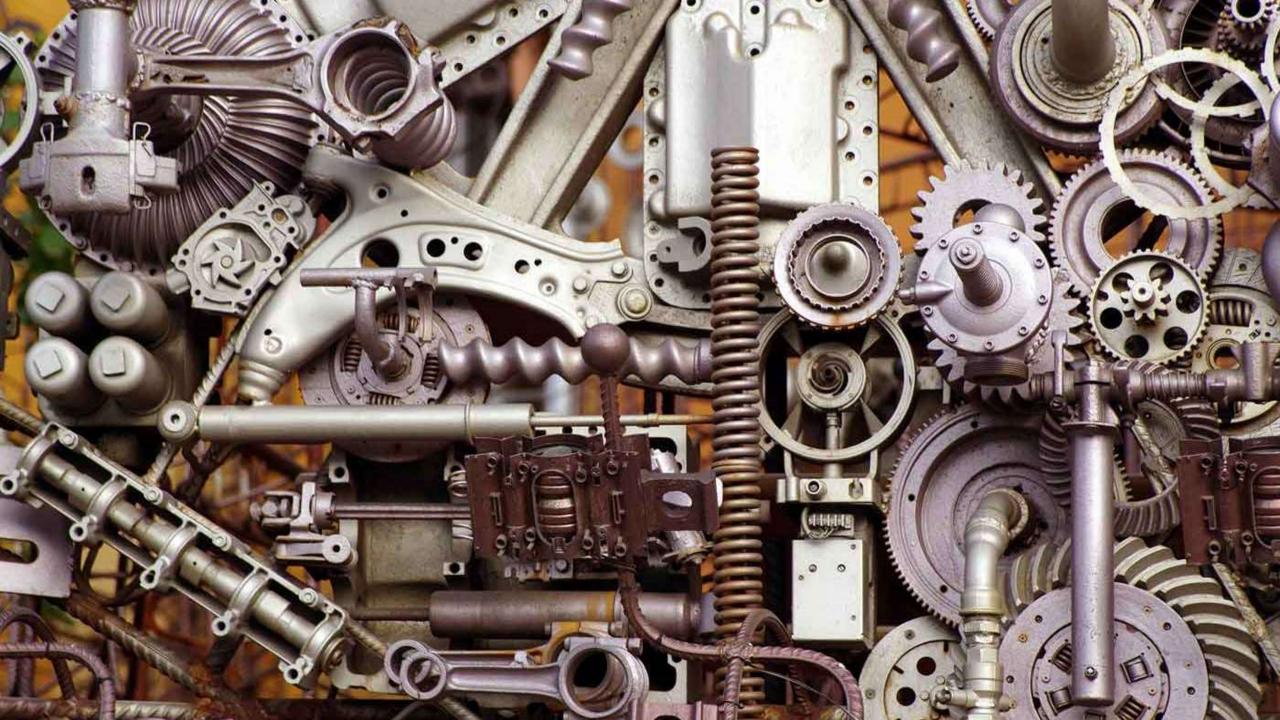
Complex adaptive systems are history-dependent



CULTURE









Short staffing













Waiting times

Satisfaction

Standards

Morale

Design

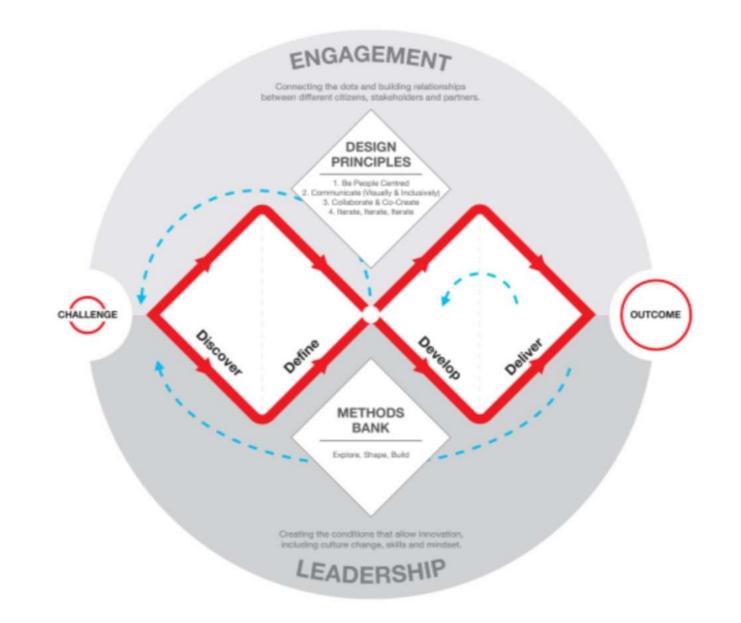


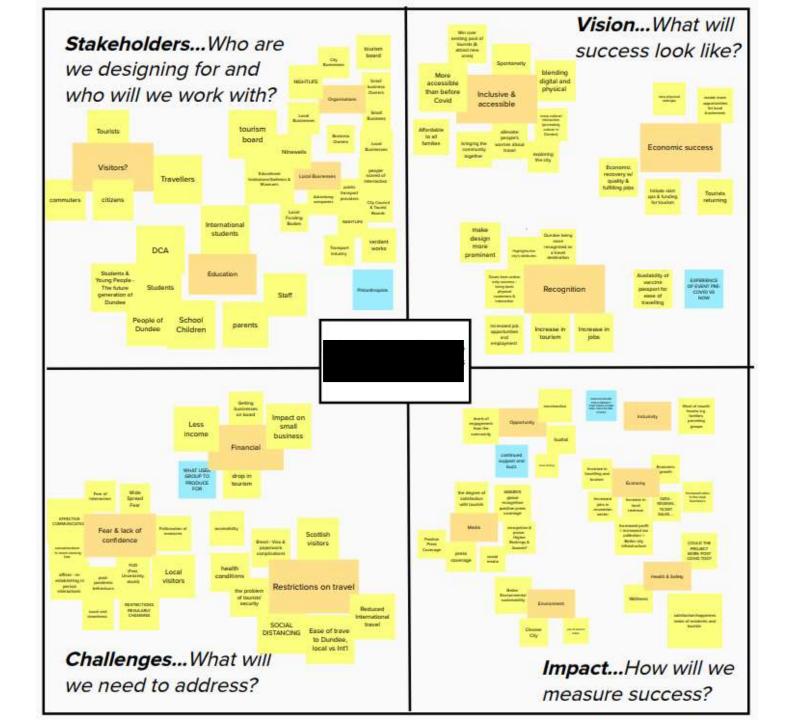
Visualisation

Learning from testing

Connecting for learning

Where do I start?







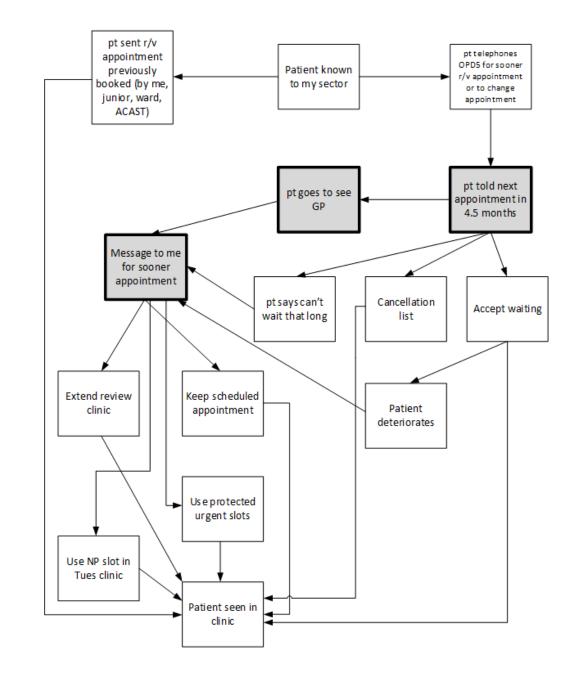
Ending the exclusion:

Care, treatment and support for people with mental ill health and problem substance use in Scotland

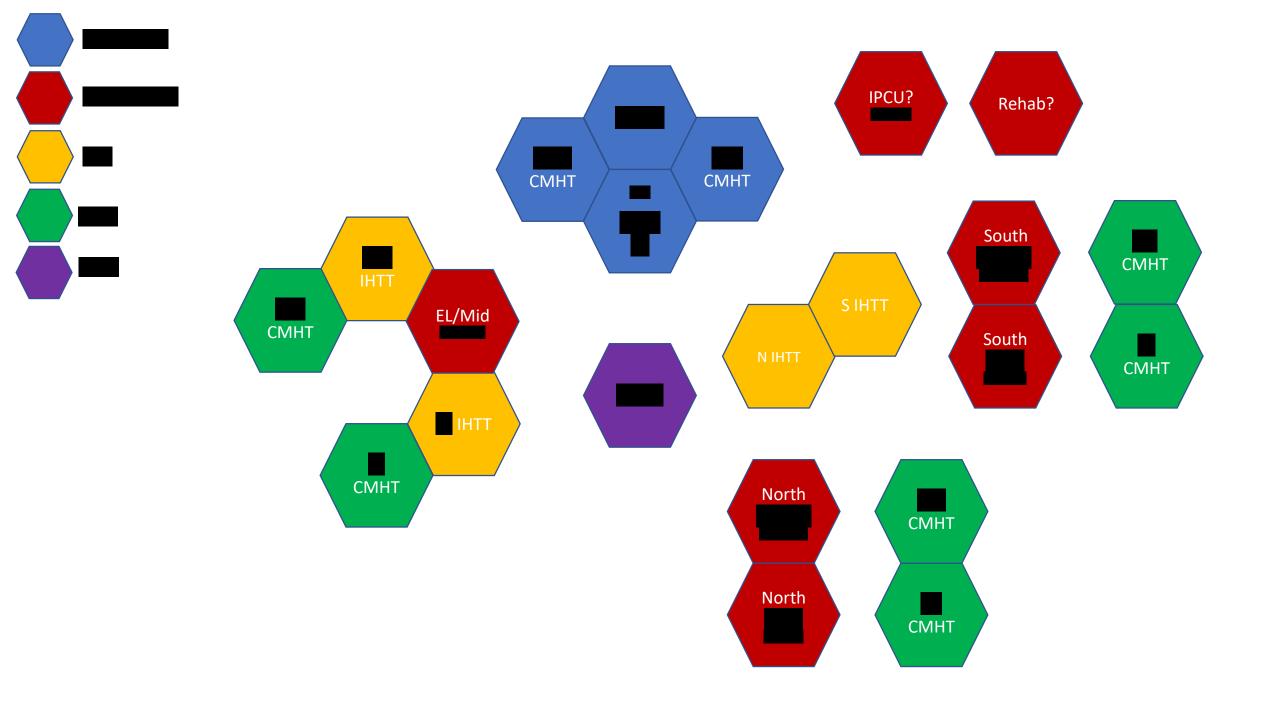
Themed visit report

September 2022

How do I understand the system?







Learning from testing



good practice guidelines

Royal College of Psychiatrists in Scotland

Co-design









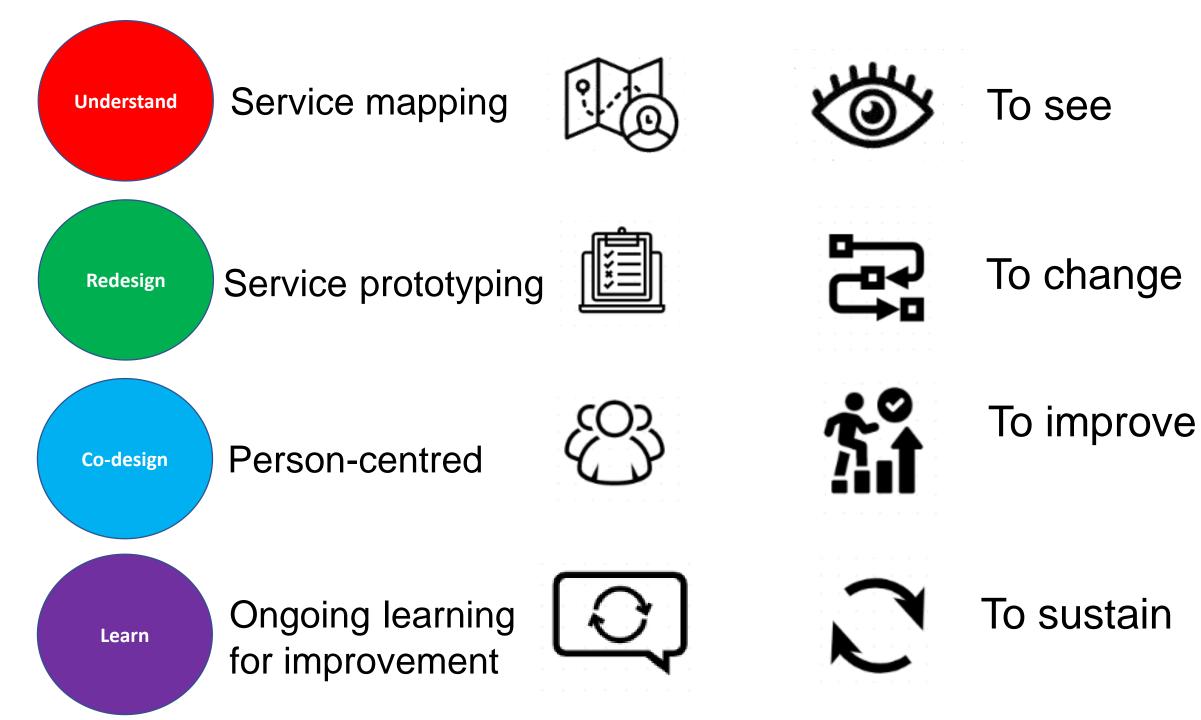
Logistics

Relationships

Contract

Lack of expertise

My ongoing aim



Thank you