



Healthcare  
Improvement  
Scotland

ihub

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# New Model for Learning Disability Day Support Collaborative

National Connections 2

13 October 2022

Enabling health and  
social care improvement

# Agenda & Housekeeping

## Agenda

- 10.00 **Introduction to the session**  
Alan Bigham, Senior Programme Manager, ihub
- 10.10 **BounceOT (bOunceT)**  
Callum MacKinnon,  
Founder & Specialist Occupational Therapist
- 10.40 Comfort and screen break
- 10.45 **Gig Buddies Glasgow**  
Molly Tavella, Project Coordinator
- 11.15 Comfort and screen break
- 11.20 Q&A

Please mute your microphone and have your video off on entry and throughout the meeting.

To speak:

- unmute your mic
  - turn your video on
- and then*
- mute your mic
  - turn your video off

For technical support please contact:

[his.peopleledcare@nhs.scot](mailto:his.peopleledcare@nhs.scot)



# BounceOT (bOunceT)



## **Callum MacKinnon, Founder & Specialist Occupational Therapist, BounceOT (bOunceT)**

Having changed my degree at University from International Business to Occupational Therapy in 2013, after working abroad at a disability summer camp in USA, I started working as a Personal Assistant with ENABLE Scotland. I primarily worked in Children & Young People's Services across Forth Valley until I graduated as an Occupational Therapist in 2017.

I initially set up what is now BounceOT – a 7 day per week disability service in Stirling – as a small project that I ran on weekends once I graduated University. Thanks to generous support from business support agencies, and funders across the voluntary sector, I was able to transition into running BounceOT full time and build a team. We turned 5 years old as a Community Interest Company in April 2022 and hope to celebrate another 5 more (at least)! The next steps for BounceOT is to not only increase our social impact across Forth Valley, but to replicate via a social model – similar to Talking Mats. We hope to test the effectiveness of licensing a training programme and offer 'bOunceT in a box' – a new franchise initiative.

Alongside running my social enterprise full time, I have participated in further study as a Postgraduate level to further develop my clinical skills. To date, I have certified as a Sensory Integration Practitioner, and I am in the final stages of completing the necessary modules to obtain an MSc Advancing Practice in Occupational Therapy.

# bOuncet<sup>®</sup>

Innovative Occupational Therapy

**CALLUM MACKINNON**

*@BOUNCEOT*  
*@CALLUMMACKOT*

**Founder &  
Occupational Therapy  
Lead**

# OUTLINE

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About bOunceT

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About rebound therapy & therapeutic play...

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Social Enterprise

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Challenges & Barriers

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Q&A

*"I wanted to set up the social enterprise initially as I just wanted to see something different in my local area, that I knew would benefit the health and well-being of the population that I was already working with as a support worker. I already had a lot of experience working with people with disabilities, and their families, so I felt as though I had a good idea about the key challenges they faced. I knew there should be more services available to them that addressed these needs specifically – I knew that I could help"*





promOTing independence  
*one bounce* at a time!



# ABOUT BOUNCE OT..

## Vision:

*For all individuals to be happy, healthy and be able to participate in whatever activities they want to, need to, or have to do.*

## Mission:

*To improve the quality of life and participation in meaningful occupations for children and adults with disabilities, and their family, in Scotland.*

## Values:

*“play as a means to achieving other developmental goals.”*

*“play as an occupation: play as an aim, play as a right, and play for participation”*

*(Lynch & Moore, 2016)*





# THERAPEUTIC PLAY ROOM

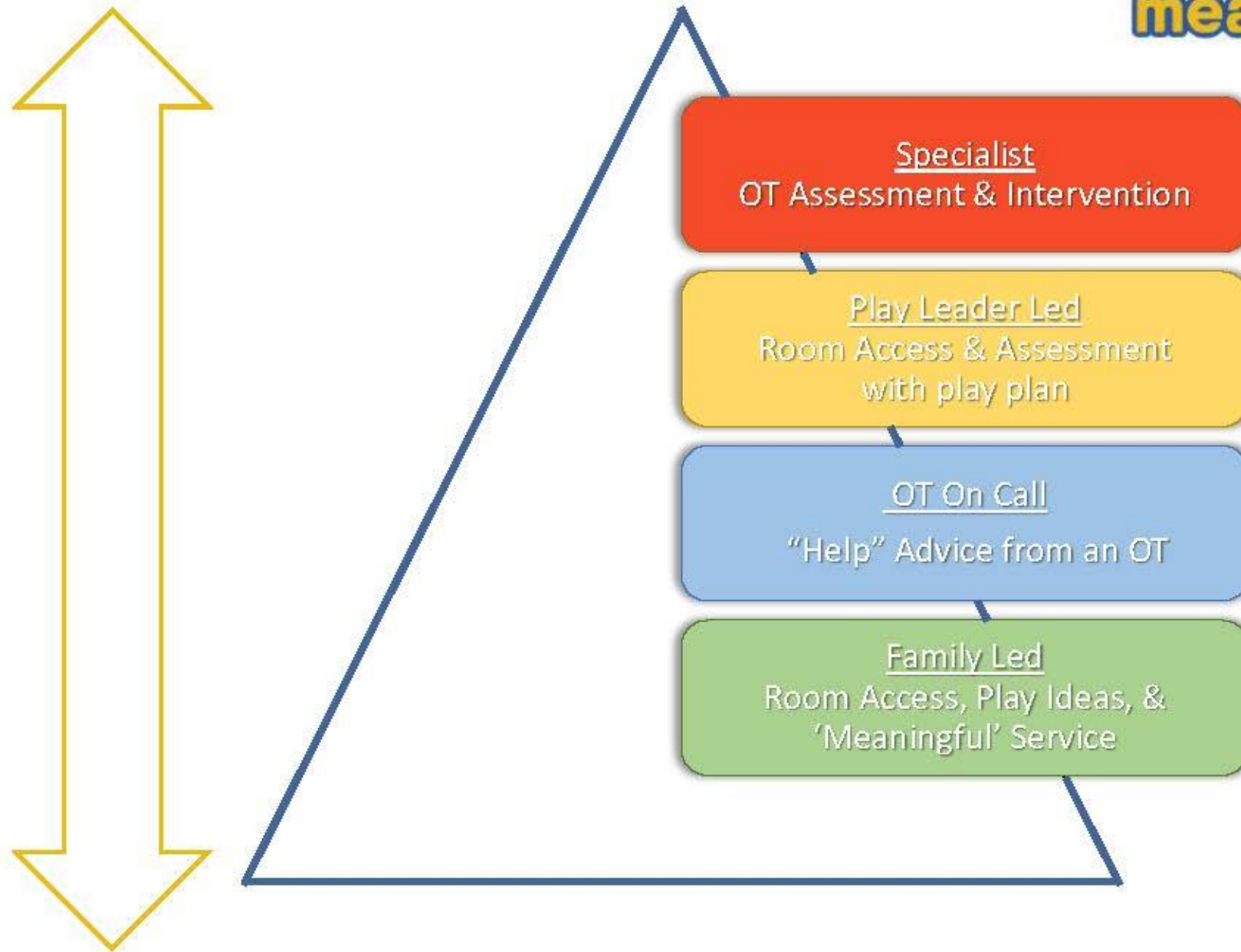






## STIRLING OFFICE





Key

- **Specialist**
- **Targeted**
- **OT On Call**
- **Universal**

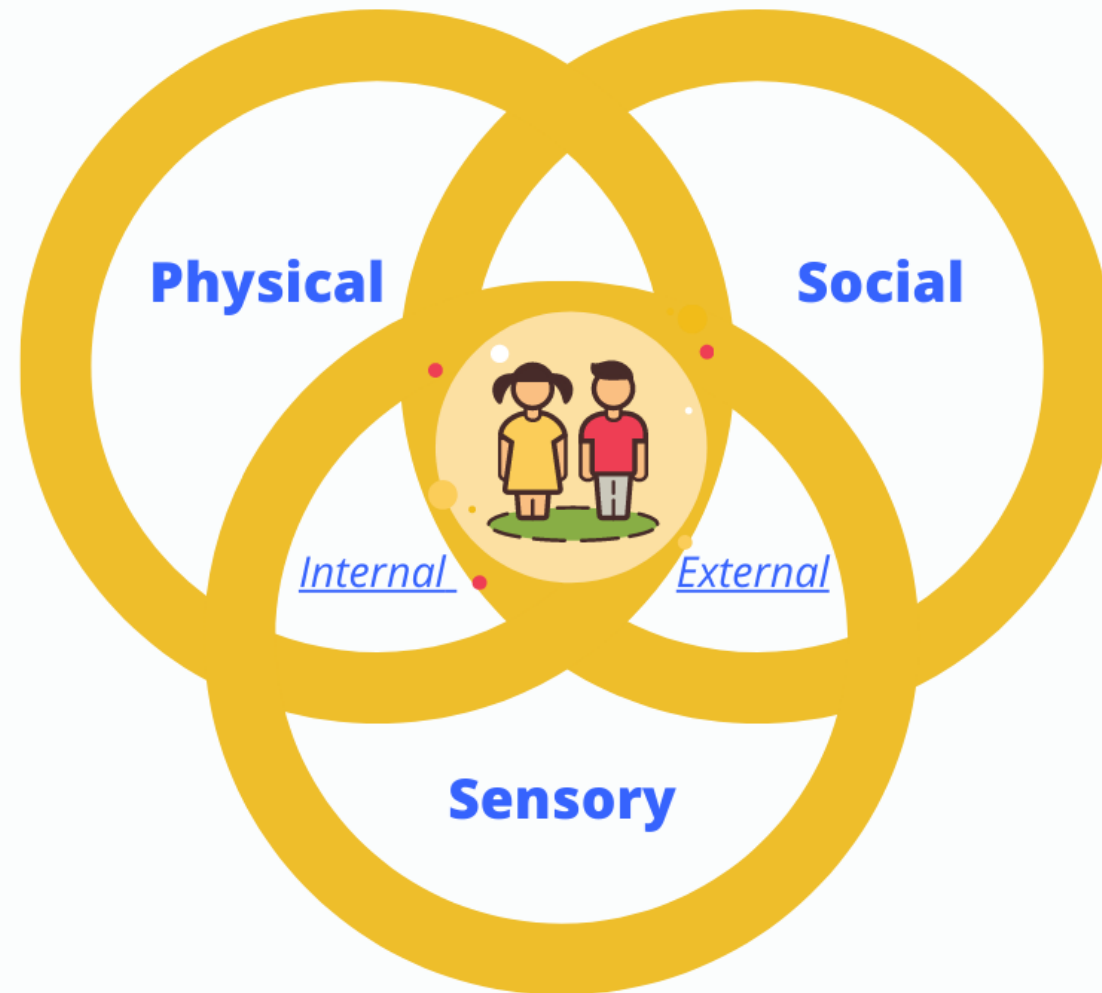
# ABOUT REBOUND THERAPY & THERAPEUTIC PLAY...

[What is rebound therapy & how can it help? An Occupational Therapist's opinion – bOunceT](#)

*Must read blog ^^^*

[Purposeful Play \[eLearning Foundation Module\] – bOunceT](#)





**bOunceT<sup>®</sup>**





# SOCIAL ENTERPRISE

- **£400,000+ grant funding** awarded since 2017.  
*Mix of project work to deliver fully funded (or reduced cost) services & business development costs.*
- **Turnover:** Sales generated from lots of customer streams – e.g. Self Directed Support from families direct and Council services; membership model; PAYGO; other charities.
- **Approved tender** – Stirling Council Children with Disabilities Social Work (Social Inclusion Framework)
- **Awards:**  
Social Enterprise Runner Up (2017)  
Social Enterprise Champion Under 26 (2018)  
Entrepreneur for Good Scotland Finalist (2019)



Professor Lorna Paul and GCU graduate Callum MacKinnon





“ Absolutely, we would recommend this service ”



“ As well as the physical benefits, bOunceT has given our son a fun hobby. We believe that it has built his confidence. He can tackle other physical tasks such as walking upstairs on his own. ”



“ The benefits of the 1:1 sessions extend beyond the trampoline, as it can have a calming effect to help pupils concentrate and learn in the classroom for the rest of the day. ”

“ He can now get in and out of his car seat with very little assistance ”



**promOTing  
independence one  
bounce at a time**

## our new fully funded programme is now available within Forth Valley!

### Project

- Inclusive and Meaningful Play

### Accessibility

- Wheelchair friendly and autism friendly.

### What is it?

- 300 children and adults with disabilities to receive a fully-funded block of 1:1 trampoline play and rebound therapy sessions.
- A reduced fee for ongoing sessions after this block (subject to availability).

**You will receive an initial assessment session with our Occupational Therapist & Play Coordinator once your referral has been accepted.**



**To register your interest, please contact:**

hello@bouncet.com  
07415323683 or  
@bOunceT\_OT



# Inclusive & Meaningful Play for Wellbeing

FIND OUT MORE ABOUT  
WHAT WE ARE DOING IN  
RESPONSE TO COVID-19...



Scottish Government  
Riaghaltas na h-Alba  
gov.scot

**bOuncet**<sup>®</sup>  
Innovative Occupational Therapy

**IN RESPONSE TO COVID-19...**

## "THERAPY AT HOME"

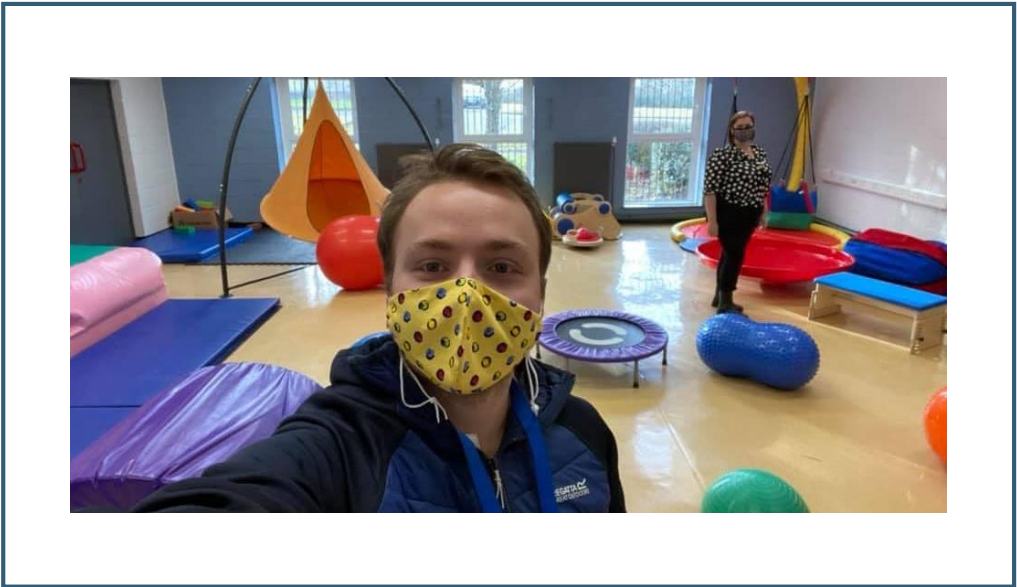
Our Occupational Therapists will be working from home to continue supporting you and your family at home!



**NEW PROJECT DELIVERED BY BOUNCE OT**



**Play Leader**  
**Certified**  
**meaningful *Training***







# CHALLENGES & BARRIERS

1. **Engagement with others** - *services, organisations, professionals...*
2. **Funding & Budgets** – *too grant dependent*

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# Break



# Gig Buddies Glasgow



## **Molly Tavella, Project Coordinator, Gig Buddies Glasgow**

Molly Tavella is the Project Coordinator of Gig Buddies Glasgow, a social project supporting adults with a learning disability and/or Autism to get out and do the things they enjoy.



# Gig Buddies

Project Overview



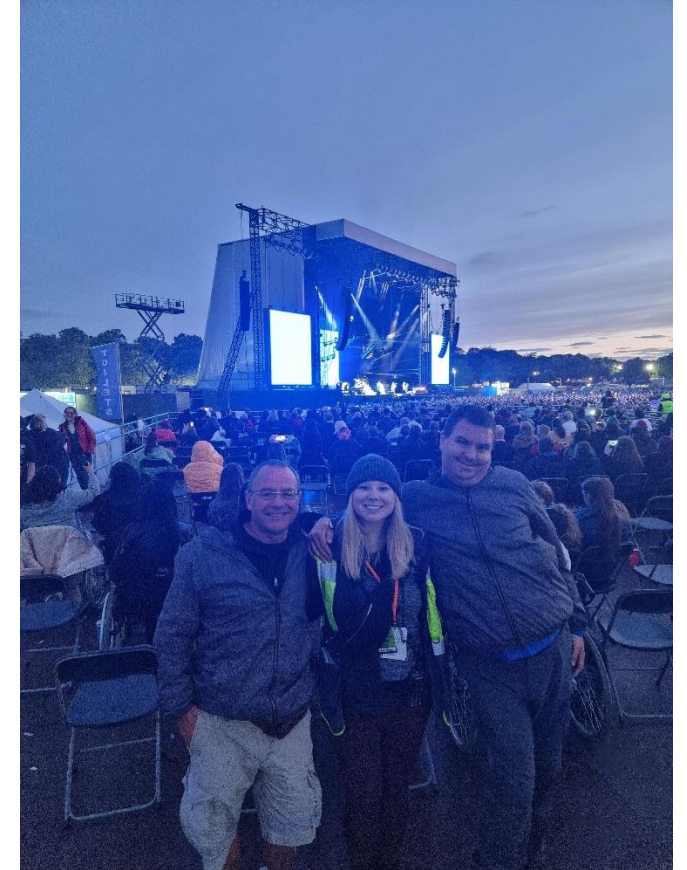
# What do we do? [Gig Buddies](#)



Pairings

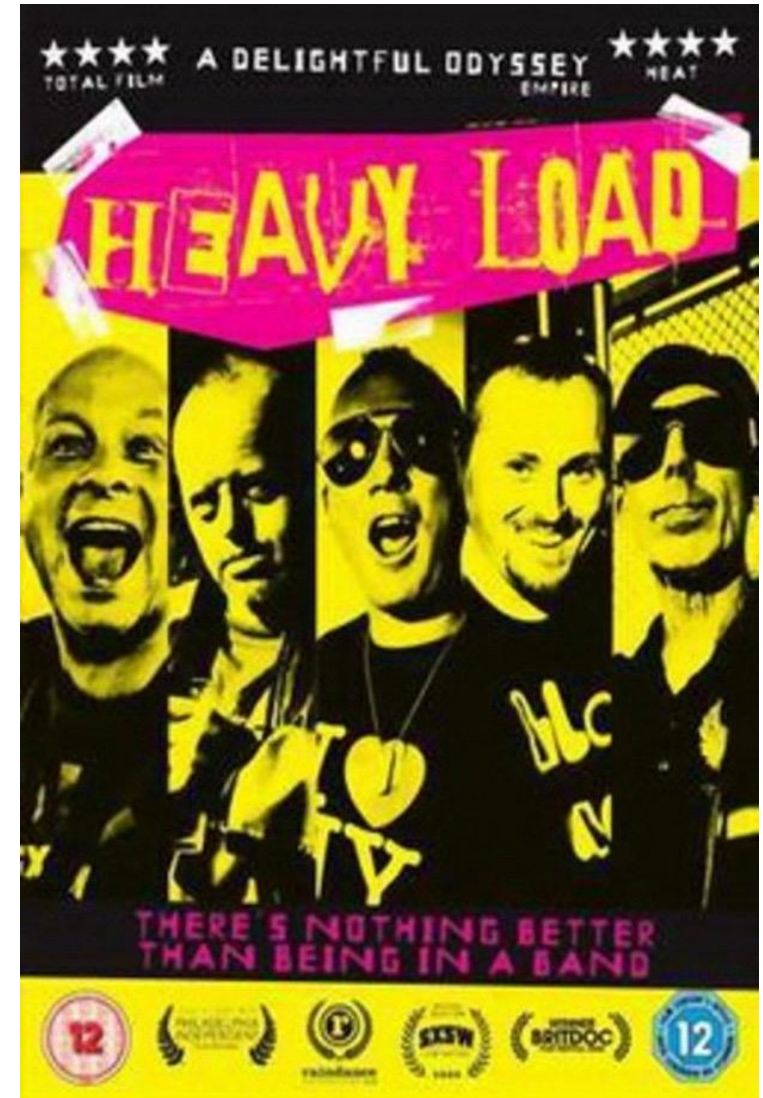


Group Socials



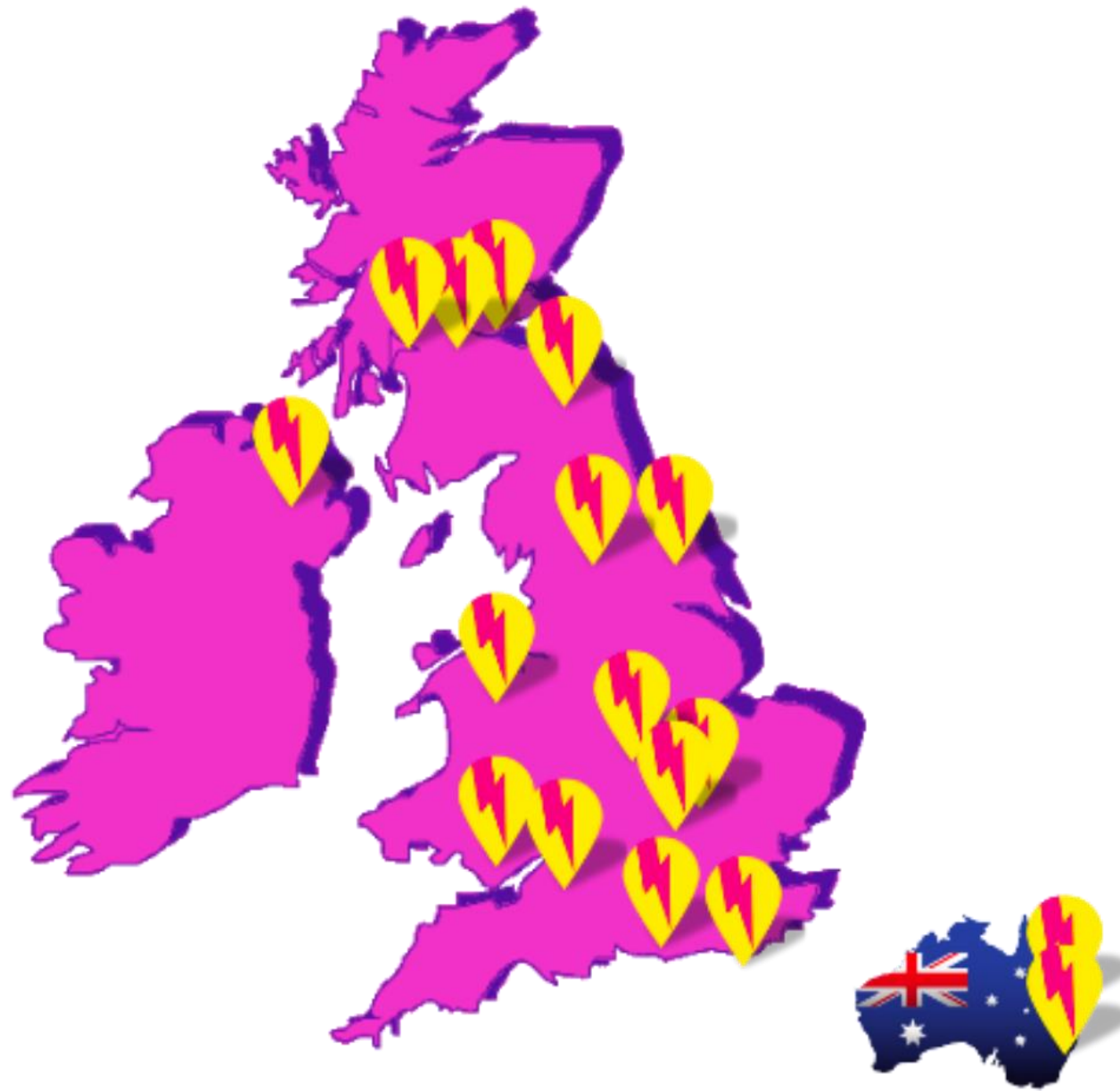
Venue Partners

How It started



- [Heavy Load](#)

How It's going



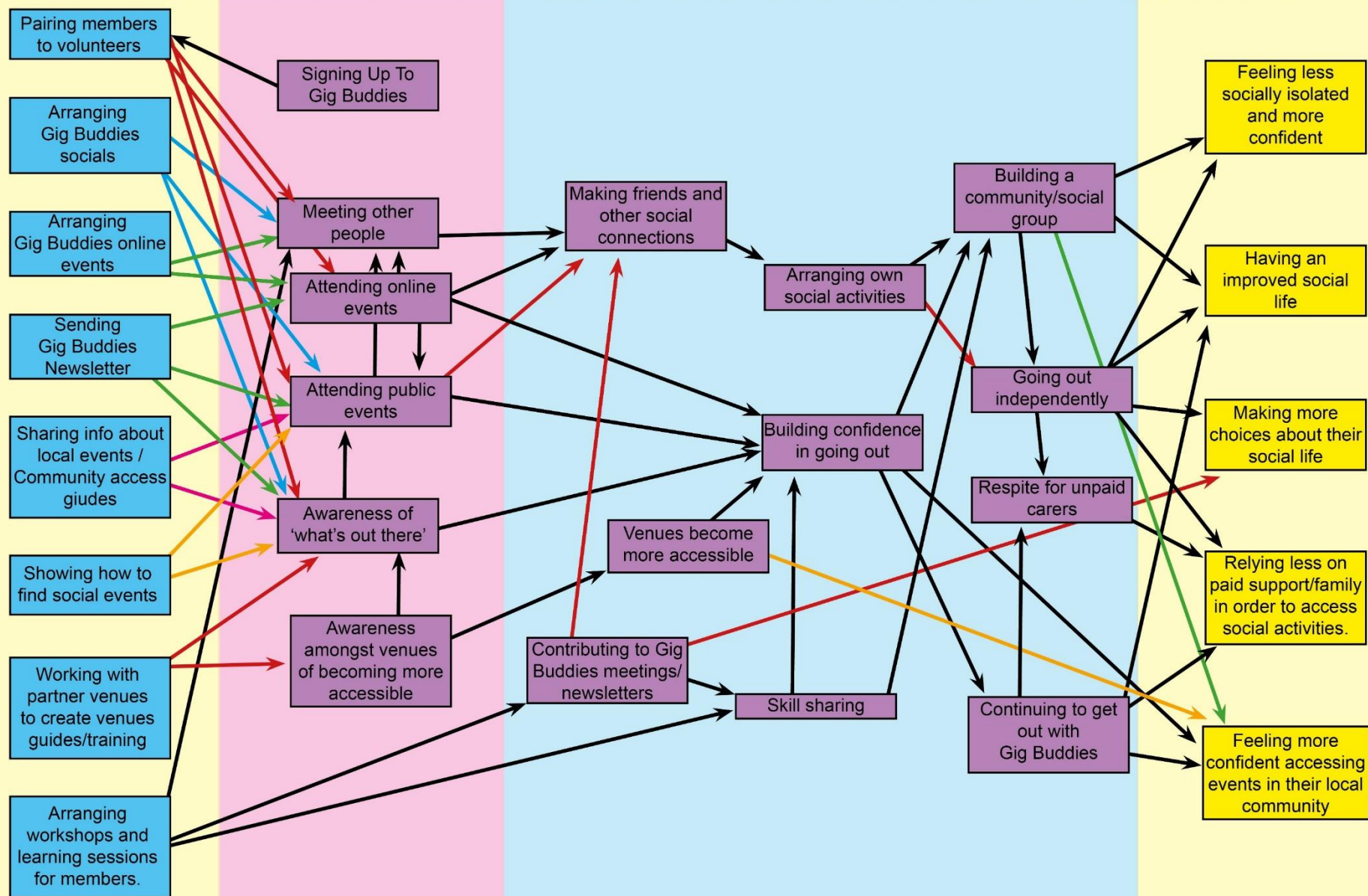


## ACTIVITIES

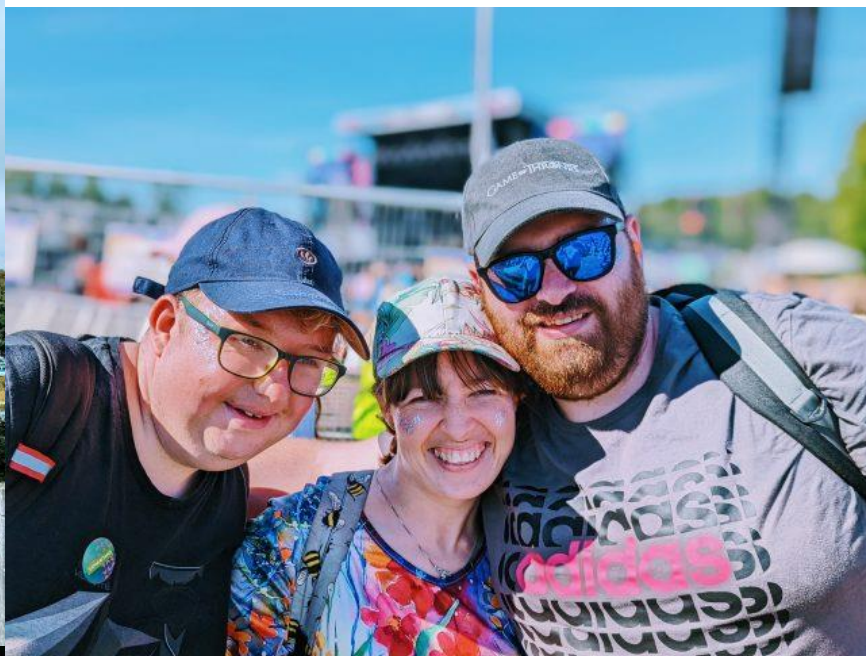
## SHORT TERM OUTCOMES

## MEDIUM TERM OUTCOMES

## LONG TERM OUTCOMES









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# Break





Q&A

slido



**What was your lightbulb moment?**

ⓘ Start presenting to display the poll results on this slide.

# Next steps

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- The next **National Learning Event** takes place on 24 November
- The next **National Connections Session** takes place on 16 February

# Keep in touch

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email: [his.peopleledcare@nhs.scot](mailto:his.peopleledcare@nhs.scot)

twitter: [@ihubscot](https://twitter.com/ihubscot)