ihub Frailty Improvement and Implementation Programme Driver Diagram

Aim Primary drivers Secondary drivers Use of reliable tools and shared language to identify frailty and those at risk of frailty Early identification and Timely delivery of Comprehensive Geriatric Assessment People living with or at risk of frailty assessment of frailty Proactive reassessment and responsive multidisciplinary and multi-agency have improved experience of and intervention access to person centred, co-ordinated health and social care Resources, services, and community assets which support prevention and empower people to self-manage By [locally agreed date]: People living with frailty, carers Proactive person-centred care planning, management and end of life care and family members access More people over 65 are Timely and equitable access to clearly defined care pathways person-centred health and identified earlier as living with Effective care co-ordination to improve experience of care social care services frailty Health and social care services are responsive to changes in an individual's People living with frailty, carers level of frailty and family members report positive experiences of health and social care services Strategic leadership which supports integrated working Integrated multidisciplinary and multi-agency working Health and social care teams report improved integrated Leadership and culture to Co-producing services with people, families and carers with lived experience working support integrated working Compassionate leadership to promote psychological safety and staff wellbeing System for learning

Primary Driver: Early identification and assessment of frailty

Secondary driver

Use of reliable tools and shared language to identify frailty and those at risk of frailty

Timely delivery of Comprehensive Geriatric Assessment (CGA)

Proactive reassessment and responsive multidisciplinary and multi-agency intervention

Change ideas

Frailty screening at interactions with key services

Timely CGA across all

settings

Services designed to enable

self-referral as

circumstances change

Standardised use of reliable tools such as Clinical Frailty Scale and Think Frailty

Use of integrated multidisciplinary and multiagency team huddles

Use of multidisciplinary and multi-agency team meetings in primary care

Population screening for frailty using eFI

Adopt 7 steps to appropriate polypharmacy reviews

Reliable process for sharing information between health, social care, third and independent sector Electronic recording of frailty (e.g. frailty coding)

Development of systems to record and share the assessment of frailty

People living with frailty, carers and family members access person-centred health and social care services

Secondary driver

Resources, services and community assets which support prevention and empower people to self-manage

Proactive person-centred care planning, management and end of life care

Timely and equitable access to clearly defined care pathways

Effective care coordination to improve experience of care

Health and social care services are responsive to changes in an individual's level of frailty

Change ideas

Access to community based activity to improve physical and mental health e.g. walking and befriending

Ensuring individuals have a recently updated Key Information Summary

Pathways to enable direct admission to frailty specific clinical areas from the community

Single access point to health and social care services for people living with frailty

Use of reliable tools to recognise deterioration in health to prompt holistic assessment

Community link worker to signpost and navigate access to community support

Anticipatory Care Planning included in person centred care planning and review at transitions of care

Development of pathways which prevent hospital admission

Process to support transitions between teams and services

Services designed to enable self-referral as circumstances change

Timely access to screening and lifestyle modification groups e.g. nutrition and smoking cessation

Teams use a recognised tool to support people to set and achieve personal goals

Development of pathways which promote hospital discharge within 48 hours

Use of integrated multidisciplinary and multiagency team huddles

Development of workforce and work patterns to enable responsive support Access to housing advice and support

Process for shared decision making with individual, family, carers and MDT, including at the end of life

Creation and promotion of local map of services and community assets

Process to share information between teams and services

Process in place for regular case reviews

Primary Driver: Leadership and culture to support integrated working

Secondary driver	Change ideas			
Strategic leadership which supports integrated working	Leadership walkrounds at team, locality and strategic levels	Strategic frailty leadership network	Mechanism to encourage staff feedback	Development of a shared vision
Integrated multidisciplinary and multi-agency working	Processes to enable teams to work together and build trusting relationships	Use tool to assess readiness for integration	Integrated huddles across health, social care, third and independent sectors	Process to share information between teams and services
Co-producing services with people families and carers	Involvement of people with lived experience, families and carers in service improvement	Use of recognised frameworks to support lived experience engagement	Use of feedback to inform service improvement	
Compassionate leadership to promote psychological safety and staff wellbeing	Celebrating success	Structured debrief opportunities and 1:1 time	Clear link to local wellbeing strategies	Learning and development opportunities for health and social care staff
System for learning	Opportunities to share learning locally and nationally	Sharing learning through HIS Frailty Learning System	Quality improvement education for teams	Frailty specific education for MDT and wider team