

New Models for Learning Disability Day Support Collaborative

Design Persona: Grace

Designed by the Scottish Commission for People with Learning Disabilities

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Improvement Hub
Enabling health and
social care improvement

Introduction

My name is Grace I am a 32 year old woman. I live with my family in Motherwell. I am able to get around Motherwell quite well by myself as I know where things are and I am able to be quite independent but I am not comfortable going to places I do not know.

I go to a day centre 3 days a week, on the other days I stay at home and watch TV or go out to Asda. I went to a mainstream school until I reached S2 then I moved in to a SEN school. I went to college for 3 years doing life skills after I left school. I made some good friends at college but I have not seen them since.

My communication

I can speak very well and I am very clear. I can tell you what I want and need. I can read written information if it is in Easy Read and I have some support to help me to understand.

My motivations

Outside of the centre I socialise with my parents and their friends and sometimes my sister, she is married and moved away, occasionally I stay over night at hers if my parents are on holiday. I miss my sister and I am jealous that she has got married.

My frustrations

I have never had a boyfriend and I would really like to go on a date. I keep getting told to talk more to the other disabled people in my day centre. I like to talk to the male staff more as they are younger and I can have a better conversation with them.

My short-term ambitions

I want to see my friends from college again. I do not like the other people in my day centre as much. I would like to go on a date and find a boyfriend. I would like to get a chance to do some volunteering. I like fashion but my parents buy my clothes and dress me in pink clothes with cartoons on. I would like to go to a disco at nighttime.

My long-term ambitions

I want to get married

My experience of how I spend my day

3 days a week I go to the day centre and I like some of the activities but I am not very interested in the other people who go to the centre. I like arts and crafts, music and exercise to music at the centre. I get bored on the days when I am not at the centre, I just stay in the house and watch tv as my family are out at work. I mostly watch Disney films as I like the idea of having a princess wedding like the Disney princesses do.