

# Dr Rob Waller – NHS Lothian



Dr Rob Waller is a Consultant Psychiatrist for NHS Lothian and their Digital Mental Health Lead

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We have set up Near Me waiting areas for each of the main mental health specialities?  
The next stage is integration with TRAK for ongoing scheduled care [letters, clinics]

## **What's worked well?**

Unscheduled Care [IHTT, Assessments]  
National Deaf MH Service and Art Therapy

## **What have been the enablers?**

Support from Senior Managers  
Digital Mental Health Team & Intranet

## **What have been the challenges?**

Hardware and Bandwidth  
Different way of working

## **We overcame our challenge by:**

Video is better than phone  
Video is a patient choice

Any top tips?: Champions, Junior Doctors, Teams Tutorials, Piggy-back Digitisation