

Toolkit of strategies and key considerations for delivering family-centred care

In the following table we have outlined each of the four domains of family-centred care staff should consider and have included three additional considerations, accessibility and technology literacy, patient and loved ones with additional needs and end-of-life circumstances. These encompass barriers and additional concerns raised by the authors Hart et al. and also seen in the stories Healthcare Improvement Scotland has been gathering. For each domain and concern we have include links to stories we have collected which illustrate the innovative adapted ways of working currently underway across the healthcare system.

	Engagement of families with patients (synchronous communication)	Engagement of families with patients (asynchronous communication)	Engagement of families with patients environments	Communication between clinical team and family
Domain and definition	Provide opportunities for family and patients to communicate via text, calls or videoconferencing. For staff this means provision of devices safely, internet provision and addition features such as speakerphone settings (if needed).	Helping patients and loved ones to send personal messages (audio, written or video), share images/videos of their surroundings and receive pastoral care.	Create systems for delivery of personal items by loved ones to patients to provide comfort and customise rooms. Describe the patient's environment to families (especially if they have delivered items to make it more personalised)	Establish key contacts, create a communication plan and maintain daily communication. Try to ensure consistency in who calls loved ones and document the calls to ensure transparency and accountability. Also ask about the patient's life and important memories to help facilitate conversations between staff and patients
Examples	NHSGGC and NHS Lothian re- united families through providing wards with electronic devices. To ensure compatibility with loved ones own devices each has multiple apps installed (such as Facetime, WhatsApp)	Bradford Royal Infirmary created a special email inbox for families to send messages and photos for patients Resources from Marie Curie Charity and Dr Kathryn Mannix help patients and loved ones	Airedale NHS FT have a drop- off service for the delivery a bag of personal belongings to patients safely Queen Elizabeth University Hospital (NHSGCC) physio and OT staff in critical care have	Surrey and Sussex Healthcare NHS created charts to record staff calls with loved ones, helping end of shift handovers An enquiry hub at St Bartholomew's Hospital ensures consistent and proactive

	NHSGGC have publicised their	write personal last letters to	been phoning loved ones to	communication between staff			
	standard operating procedures	ensure they have lasting	learn more about patients.	and families. The team delivers			
	for safe device usage during	memories and get to say	They will create electronic	daily updates, arranges video			
	COVID-19	everything they want to one	video diaries of a patient's	calls to patients and also ask			
		another	time in critical care when	loved ones to send in photos			
	A doctor in Canada facilitated a		they're fit for rehabilitation to	and messages for patients			
	farewell call for the friends and	Chaplaincy teams at NHSA&A	begin	i i i i i i i i i i i i i i i i i i i			
	family of his patient at end-of-	and NHS Barts Health Trust	5				
	life	developed prayer videos and					
		videoconferencing services as					
		faith leaders are unable to					
		attend patients bedsides					
		attend patients bedsides					
	Accessibility and technology literacy						
	When creating a communication plan with a patient's loved ones collect details about their accessibility (about their internet connectivity as well as what times they are unavailable) and their familiarity with smartphones/devices. This will help mitigate barries						
	to communication caused by tech		, , , , , , , , , , , , , , , , , , , ,	,			
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	Additional needs of patients and loved ones						
Considerations	·						
	HIS have collected a series of inspirational solutions created by staff such as <u>flashcards</u> , <u>communication charts</u> , <u>PPE labels</u> , and						
	conversation guides.						
	conversation galacs.						
	End of Life						
	Conducting end-of-life when families have been separated is extremely difficult as staff need to provide comfort at distance. HIS have						
	collected examples of prompt sheets and guidance for these types of conversations.						
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