**MODULE 2 | HOUSING SOLUTIONS TRAINING - MINOR ADAPTATIONS**

**CASE STUDIES**

**Use example tools to complete Assessment where applicable to case study (e.g. if local tool supplied)**

**Case example scenario 1**

Julie, a Housing Officer pops in to see Mrs MacKenzie, one of the Council tenants in her area after she has phoned the local office to say that she would like to access the Councils grass cutting service.

Mrs Mackenzie is 67 and lives alone in an end terrace 2 storey property with the bathroom and the 2 bedrooms upstairs

Julie was unaware that Mrs Mackenzie had been in hospital for a week after suffering a CVA (Cerebrovascular Accident or Stroke) and was discharged 3 days before Julies’ visit.

During the course of Julies visit Mrs MacKenzie takes her back out the front door to show her the part of the garden that she needs help with and Julie notices that Mrs Mac is unable to use her left arm and hand which are very weak following her stroke.

There is only 1 handrail at the 3 steps at the front door on the right hand side going in and Julie notices that Mrs Mac comes down the steps backwards so that she can hold on to the rail when coming out of the house.

Mrs Mac mentions that she wondered about getting another handrail on the left hand side of these outside steps.

**What should Julie be able to do in this scenario?**

**What factors should she take into account?**

**Are there any contra-indications that Julie should consider?**

**Are there other services/resources/solutions that Julie can signpost Mrs Mac to /and or help her to access?**

**Case example scenario 2**

Gail is a community physiotherapist who is visiting Mr Duncan at home following his referral for assessment after a fall at home.

Mr Duncan is 81, an owner occupier who lives alone in a 3 apt bungalow

The referral tells Gail that Mr Duncan has osteoarthritis and general frailty including severe weight loss due to anaemia over the last 2 years.

He walks with a stick and the recent fall took place in the bathroom while accessing the toilet.

Gail carries out an assessment of Mr Duncan in terms of his strength, balance and mobility and provides a tailored exercise programme which she will go over with him once and then a rehab assistant will visit to follow up each week over a 4 week period.

Gail gets Mr Duncan to show her how he manages around the house and particularly in the bathroom. There are no rails at the WC but there is an existing wet floor shower area with a seat and a rail which was previously provided for his wife who died 3 years ago and which he manages independently. Mr Duncan shows Gail how he gets on and off the toilet and Gail identifies that this is precarious!

**What should Gail be able to do in this scenario?**

**What factors should she take into account?**

**Are there any contra-indications that Gail should consider?**

**Are there other services/resources/solutions that Gail can signpost Mr Duncan to, and/or help him to access?**

**Case example scenario 3**

Peter is a district nurse who has been visiting Mrs Watson regularly over the last 6 weeks to attend to a leg ulcer which is taking a long time to heal.

Mrs Watson is 74 and lives with her daughter in a 2 story private rented property. She has Chronic Obstructive Airways Disease and chronic back pain. Her mobility has deteriorated over the last 2 years or so and she is now struggling to get around independently with her wheeled zimmer. They have made the dining room into a bedroom for her and she uses a commode as the bathroom is up the stairs.

Her daughter is still working full time as a teacher and Peter has noticed that Mrs Watson is taking longer and longer to reach the door to let him in when he calls.

Mrs Watson was a very active member of her local church before her health deteriorated and still has several friends and officials from the church who visit regularly but she told Peter while he visited this week that some of her visitors have gone away before she manages to reach the door.

**What should Peter be able to do in this scenario?**

**What factors should he take into account?**

**Are there any contra-indications that Peter should consider?**

**Are there other services/resources/solutions that Peter can signpost Mrs Watson to, and/or help her to access?**

**Case example scenario 4**

Margaret is a Housing Support Officer covering a sheltered housing complex which offers outreach flexible housing support to older people living within the area.

One of her outreach clients, Mrs Parker, has mild dementia and has been managing well with minimal support for a number of years. Recently, however, Margaret has noticed that she seems to be deteriorating physically, including having a very shuffling gait (walk) and very shaky hands.

Mrs Parker is an owner occupier and lives alone in a 2 storey house and has been using the stairs to access her bedroom with the support of one bannister.

When Margaret visits today Mrs Parker takes her upstairs to show her a problem she has been having opening her bedroom window. She seems unsteady on the stairs even with the bannister and Margaret supporting her; she also seems a bit confused about which bedroom is hers when she gets up the stairs.

She asks Margaret if she could have a second bannister on the stairs

**What should Margaret be able to do in this scenario?**

**What factors should she take into account?**

**Are there any contra-indications that Margaret should consider?**

**Are there other services/resources/solutions Margaret can signpost Mrs Parker to, and/or help her to access?**