



Actions 	Potential Consequences 				
	Benefits	Dangers	Short term	Long term	Interpretation of motive
Containing risk	Persons safety	RetraumatISATION Disempowerment	Person safety Clinician comfort	Clinician comfort Creating dependence Alienation Evolution of risk	Care and compassion Punitive control
Tolerating risk	Persons Autonomy	RetraumatISATION Invalidation Clinician complacency Significant and lasting harm	Short term risk Clinician anxiety	Clinician anxiety Opportunity for person to develop own coping mechanisms	Neglect Trust and freedom

(Warrender 2018, 2023, Warrender and Young 2024)