

Flash report – SIFS Cohort 4 – Hazel Inglis and Cat Clark

QI Project Team:

Hazel Inglis and Cat Clark (Specialist Midwives for Drugs and Alcohol)

QI Project Aim:

By April 2024, “Pregnancy Alcohol and Drugs Advice and Support Sessions” will be attended by 50% of midwives supporting women and families who are affected by continued drugs or alcohol use during pregnancy, to enhance outcomes in line with the Scottish Government (2018) “Rights, Respect and Recovery” strategy.

*Baseline 0

Stage of the QI Journey:



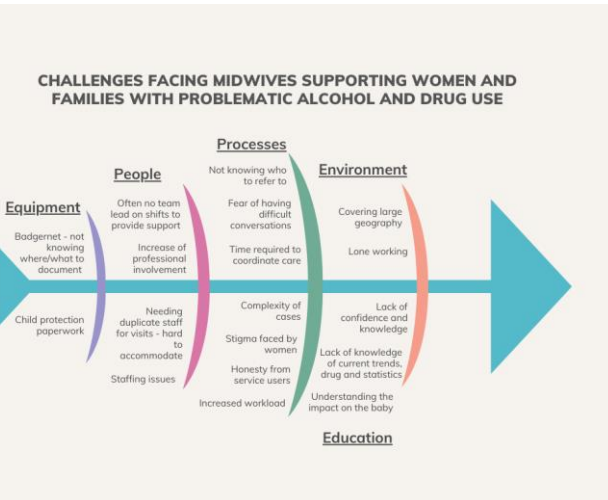
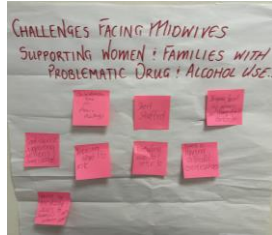
Testing changes

Current status:

PDSA 2 completed > adapt
PDSA 3- commence 15/01/24, launch of the
'Advice and Support' Sessions (A&S)
PDSA 4- A&S slow to take off- Increase promotion at Senior midwives
meeting & training. Review January 2025.



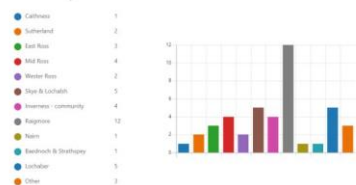
QI Tools Used



Staff Scoping

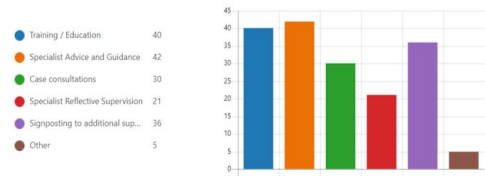
Survey

► September 2021, a scoping survey went out to 110 midwives



Results

- ▶ Midwives were asked what they would like to see from the Specialist Midwife role



Act- adapt

- ☐ Synchronizing our personal work diaries to the booking system
- ☐ Change booking sessions from 30-minute consultations to 1 hour

Plan

- Majority of midwives will find the process easy to use
- Majority of midwives will report that the instructions on the booking page were clear
- Day and timing of sessions will suit most midwives

Study

- 10 midwives found the system easy to use
- 9 midwives found the instructions clear.
- We noticed that our personal work diaries did not sync with the booking page, so a booking was made when we had other commitments.
- If two bookings were made back-to-back, this would not give any flexibility for any over-run/technical issues/complexity of case discussion

Do

- 10 midwives tested the booking system
- Appointments were made and automatic emails sent out to Specialist Midwives email address and to midwife making booking with link to virtual session



Area of Learning – Successes – Challenges

Using QI methodology has ensured that our project has stayed focused on our intended aim whilst making manageable changes in a structured way.

During this project we have seen great enthusiasm from our colleagues who have kindly supported us through our PDSA cycles.

Challenges have included tackling technology (MS Bookings system) and staffing pressures.