

# Older People/Acute Adult Hospital at Home

Progress update September 2024

## Hospital at Home (H@H)

is a short-term, targeted intervention providing acute level hospital care in an **individual's own home** or homely setting.<sup>1</sup>

Older people/acute adult Hospital at home:

- has **high satisfaction** and patient preference across a range of measures<sup>1</sup>
- reduces pressure on unscheduled acute care in hospitals by **avoiding admissions** and **accelerating discharge**, and<sup>1</sup>
- has consistent evidence of **lower costs** compared to inpatient care.<sup>1</sup>

## What we do

**Develop resilience of services:** Support NHS boards/HSCPs to improve the resilience and maturity of their H@H services.

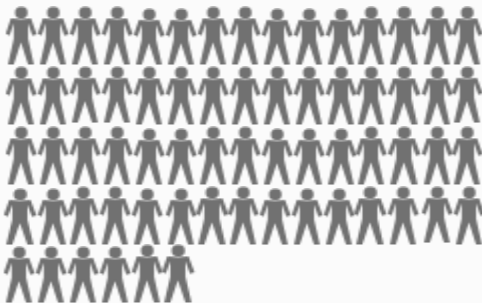
**Develop new H@H services:** Support NHS boards/HSCPs to implement new older people/acute adult H@H services.

**Identify opportunities for technology:** Evaluate the impact that point of care testing has on the delivery of H@H

**National Learning System:** Enable older people/acute adult H@H services to share and learn from each other.

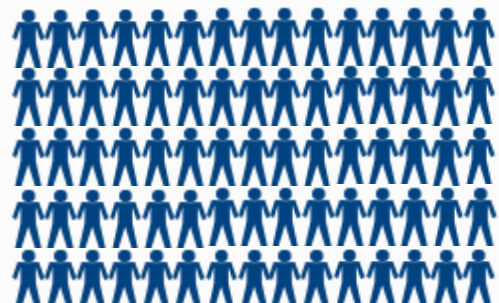
## Impact this quarter...

### Almost 14% increase in patients managed by hospital at home services<sup>2</sup>



**3596 patients** were managed by H@H services from July to September 2023

compared to...



**4082 patients** were managed by H@H services from July to September 2024

H@H services prevented over 4,000 people spending time in hospital during July to September 2024, relieving pressure from A&E and the Scottish Ambulance Service.

## Delivering patient centred care<sup>3</sup>

"I couldn't believe I was getting this care. It was wonderful and put me at ease."

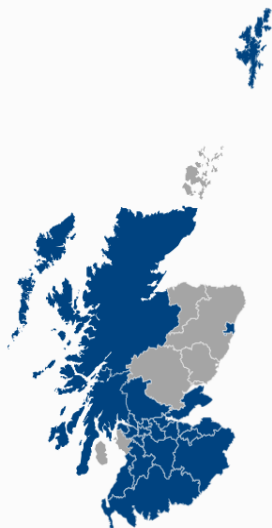
Patient supported by H@H Team in Falkirk

"This kind of initiative is exactly the way care should be given when possible"

Patient supported by H@H Team in Midlothian

This has been achieved by...

### Working with 13 NHS boards across Scotland



We are working with services across 13 NHS boards to create new services, improve the resilience of existing services and evaluate new ways of working.

### Growing capacity to be bigger than UH Wishaw<sup>4</sup>

Victoria Hospital  
539 beds

Royal Alexandra Hospital  
534 beds

Hospital at Home, Scotland  
510 equivalent beds

University Hospital Wishaw  
491 beds

University Hospital Hairmyres  
453 beds

In September 2024, there was the equivalent of 510 beds with an occupancy rate of 80%. This is similar to the size of Royal Alexandra Hospital and larger than University Hospital Wishaw.

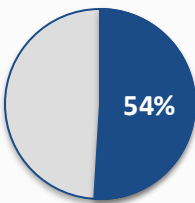
### Expanding services

**NHS Dumfries and Galloway** have progressed beyond a pilot phase and introduced admission avoidance in July 2024

**NHS Western Isles** are expanding their service to the Southern Isles and have seen their first patient on Uist

**NHS Shetland** preparing to launch in Quarter 3 of 2024/25

### Point of Care Testing (POCT)



**NHS Lanarkshire** is trialling point of care testing technology (POCT). Early findings suggests it has helped with **faster decision making in 54% of cases.**

Our work will capture the potential benefits and practical implications of POCT with several services throughout Scotland.

### Sharing Learning

Save the date for the **National Older People/Acute Adult H@H Event** taking place on Wednesday 5 March 2025

**H@H network sessions** commence on Thursday 12 December 2024

### Providing advice and guidance

**“Advice and input from the team has been invaluable in providing support and guidance during the early stages of development for our service. We are extremely grateful that this resource is available”**

Service Lead, NHS Shetland

#### Information sources:

1. Rapid Response – Admission avoidance hospital at home for older people with frailty, Healthcare Improvement Scotland, February 2022.
2. Monthly improvement data each H@H services submits to Healthcare Improvement Scotland since March 2021.
3. PHS Scotland, Acute hospital activity and NHS beds information (annual), Year ending 31 March 2024.
4. Care Opinion, <http://www.careopinion.org.uk/>