

About Q

Together, to improve health and care



Q is led by the Health Foundation and supported by partners across the UK and Ireland



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What is Q?

Q is a community of thousands of people across the UK and Ireland, collaborating to improve the safety and quality of health and care.

We share our knowledge and support each other to tackle challenges. Together, we make faster progress to change health and care for the better.

The community thrives on its diverse range of skills, knowledge and perspectives. We inspire and support each other every day to deliver improvements to health and care. We develop our methods and share insights as we do so.

With a community spanning health, care and lived experience, we find new and inclusive ways for everyone to progress.

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Why join Q?

- Learn, grow, and share ideas with a community dedicated to driving positive change.
- Connect with others carrying out improvement work with access to free events, networking, and learning resources.
- Take a flexible approach to contributing and help improve health and care.
- Join for free and get access to member-exclusive funding opportunities, with no ongoing membership fees.



Q members get free access to:

- Lifetime membership, with no joining or ongoing fees.
- Webinars, guides and toolkits.
- Networking opportunities and events.
- Our member directory: get listed and connect with others.
- A range of Special Interest Groups to connect with peers.
- The chance to learn from other organisations through in-person Q Visits.
- The opportunity to develop your project ideas and bid for up to £40k funding.



Special interest groups

Special Interest Groups (SIGs) are a great way for people to share experiences, challenges and inspiration. They can also be used to potentially initiate new improvement projects. Each has its own online space where members can share ideas and codesign the aims and objectives of the group.

There are over 70 Special Interest groups, including:

- Co-production
- Measurement for Improvement
- Sustainable Healthcare
- Improving Joy in Work
- Lean Healthcare
- Human Factors
- Women's Health
- Mindfulness for Quality Improvement



Hear from the community

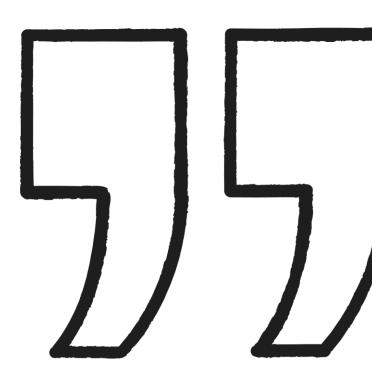
"The connections I have made so far have been remarkable."

Yvonne Morgan Proactive Hospital Improvement Coach "The great strength of the Q community is its willingness to embrace the spirit as well as the science of improvement."

Breid O'Brien Former Director of Innovation and Digital Health at NHS England

"The Q community gave me my network of other QI people, access to learning through webinars and a chance to go on some amazing Q Visits."

Debbie Brazil Head of Quality and Efficiency Improvement



Join Q to drive sustainable improvement in health and care.

Want to know more? Visit q.health.org.uk/apply-q

or contact the Q in Scotland team: his.qscotland@nhs.scot



