Welcome Back



Eddie Docherty
Executive Director of Nursing,
Midwifery and AHPs, NHS Lanarkshire



Afternoon agenda...



13:25	Welcome back and introduction of afternoon plenary	Eddie Docherty						
13.30	Deteriorating Patient introduction	Dr Lynsey Fielden , National Clinical Lead Deteriorating Patient, HIS						
13.40	Deteriorating Patient plenary: Patient and family worry and concern Q&A	Jane Murkin, Deputy Director Safety & Improvement, Nursing, Office of the Chief Nurse, NHS England						
		Liz Tomlin, Head of Quality Improvement and Clinical Outcomes, Bradford Teaching Hospitals, NHS Foundation Trust						
14:10	Introduction of second breakout session	Eddie Docherty						
14:15	Break and move to breakouts (online hybrid event finishes)							

...afternoon agenda



14:15	Break and move to breakouts (online hybrid event finishes)							
	Breakout session on Falls: Building on the momentum: the next step forward	Jackie Bartlett and Stephanie Frearson, NHS Ayrshire & Arran Prof Brian Dolan, Dr Lara Mitchell						
14:25	Breakout session on Deteriorating Patient: Find your game changers	Dr Gregor McNeill, Lesley Morrow, Emma Hearn, Gillian McAuley, NHS Lothian Dr Lynsey Fielden						
	Breakout session on Wellbeing: Prioritising wellbeing: self- care and supporting teams	Dr Christopher Healey, Airedale NHS Foundation Trust Scott Hamilton, HIS						
	 Breakout session on Quality Improvement: Scale up and spread 	Hazel Devlin and Emily Waite , NHS Education for Scotland						
15:25	Return to plenary							
15.30	Closing remarks	Professor Brian Dolan OBE						
15:50	Chair's close	Eddie Docherty						

SPSP Acute Adult Collaborative Deteriorating Patient



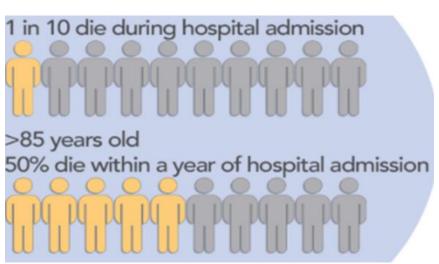
Dr Lynsey Fielden
National Clinical Lead, Deteriorating
Patient,
Healthcare Improvement Scotland



The context



Inpatient Cardiac Arrest Rates are 1-1.5 per 1000 admissions









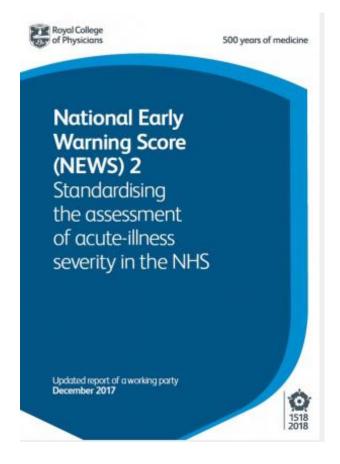


Patients in hospitals in England and their families would have



The context





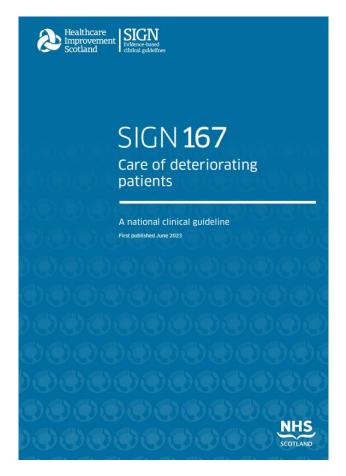
October 2022 v2.0

(Replaces May 2022 version)



Statement on the initial antimicrobial treatment of sepsis





The start of the collaborative journey





Quality Improvement Journey



Collaborative launch September 2021

SPSP Acute Adult Collaborative



To improve recognition and timely intervention for deteriorating patients



The Team





Claire Mavin
Portfolio Lead



Meghan Bateson
Senior Improvement
Advisor



Dr Gregor McNeill National Clinical Lead



Scott Hamilton Improvement Advisor



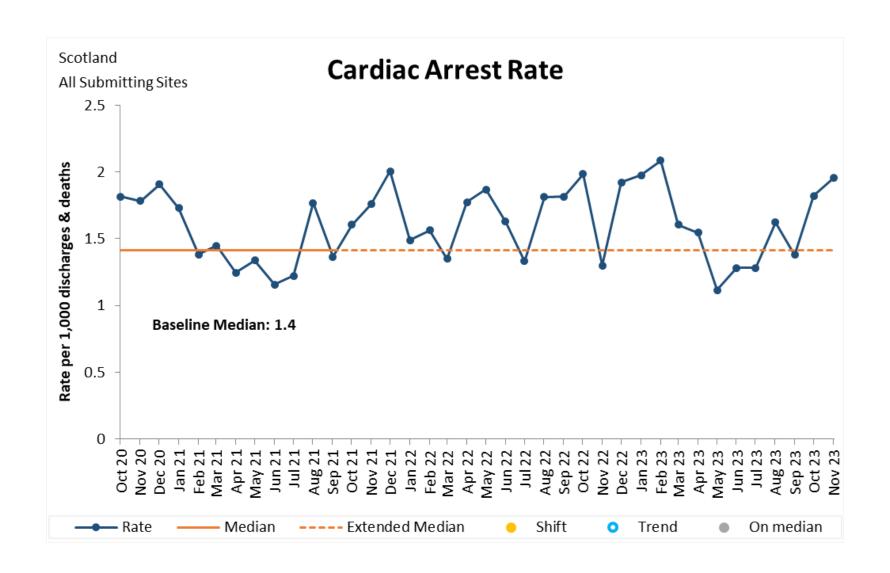
Dr Lynsey Fielden National Clinical Lead



Donna Frew
Senior Improvement
Advisor

The National picture

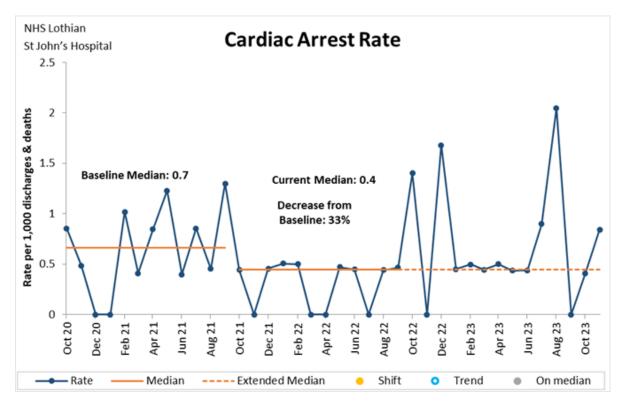


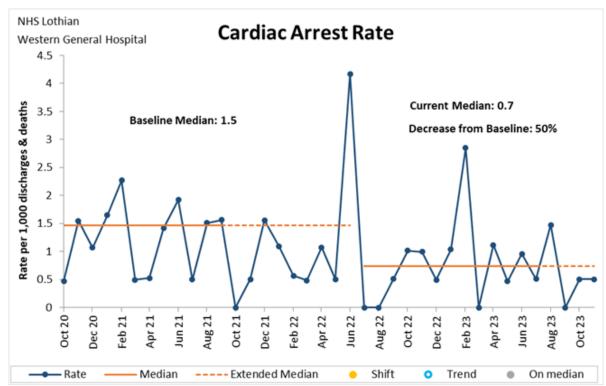


From October 2020 to present, at least 90% of the Scotland population is covered by NHS **Board submissions** for all months

Site level reduction

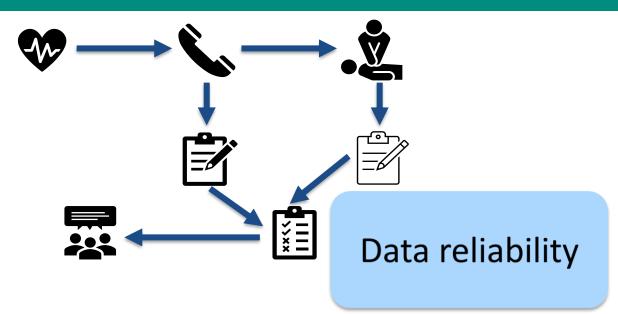


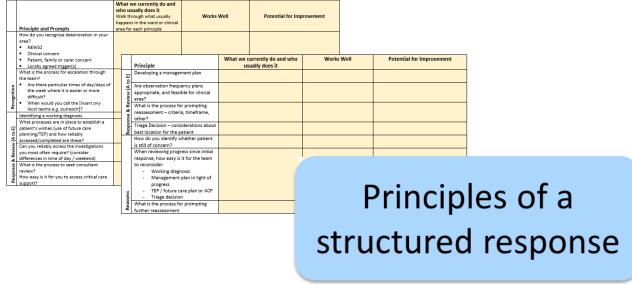




What teams have been focusing on

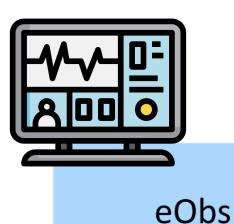








Shared decision making





Cardiac arrest review

slido



What has been the biggest game-changer in your journey so far?



(i) Start presenting to display the poll results on this slide.

Reflections





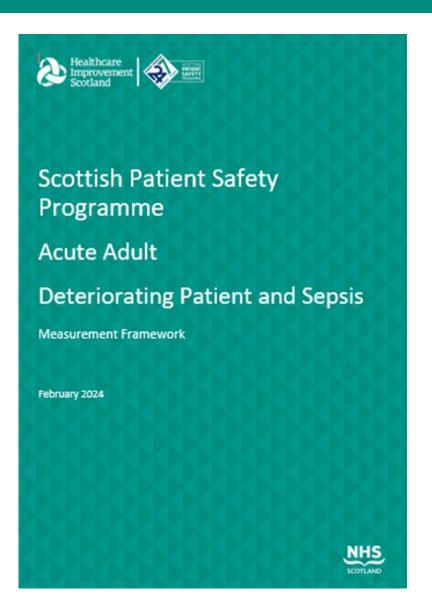
Updated Change packages











The voices of lived experience





"This resource is fantastic, very clear and easy to understand and reflective of patient and carer concerns"

Eleanor,

Zoe's mum



Which requires...

Recognition of suspected infection and new organ dysfunction
Regular reassessment for worsening physiology or clinical concern
Recognition and escalation of patient, family and carer concern
Escalation of clinical concern

A structured response to deterioration
Sepsis Six and source control informed by
illness severity and likelihood of infection
Effective antimicrobial stewardship
Sepior clinical decision maker review

Person and family centred care planning*
Effective multidisciplinary and multiagency team working
Psychological safety to support escalation of concerns

Visible leadership at all levels

Safe staffing* and resources to enable delivery of safe care

System for learning* to support continuous improvement

Staff wellbeing*



Hear the patient voice, at every level, even when that voice is a whisper

(National Advisory Group on the Safety of Patients in England 2013)





Jane Murkin
Deputy Director Safety &
Improvement, Nursing, Office of the
Chief Nurse, NHS England



Liz Tomlin

Head of Quality Improvement and
Clinical Outcomes,
Bradford Teaching Hospitals,
NHS Foundation Trust



Patient and Family Worry and Concern National Improvement Collaborative

Jane Murkin

Co-chair, NHS England's National Worry and Concern Group & Collaborative Lead

Session aims



- Share our strategic approach and the work of the NHS England Worry and Concern national improvement collaborative.
- Emphasise the significance of the patient and family voice in the recognition and management of deterioration, including using stories to drive change and improvement.
- Share progress insight and learning from our seven regional pilot sites.
- Opportunity for questions & discussion

Drivers for Change



 Patients and families' voices must be heard, listened to, and appropriately acted on.



 Absence of reliable mechanisms for patients at-risk, or those close to them, to escalate concerns in relation to acute illness/ deterioration. Broken trust: making patient safety more than just a promise

 Learning from Parliamentary & Health Service Ombudsman report— "Broken trust: making patient safety more than just a promise".



- NHS England framework for involving patients in patient safety
- Investigation reports identifying that patients' concerns weren't listened to e.g., Ockenden Report, Francis Report.

Our National Improvement Approach



Quality improvement collaborative: 7 regional pilot sites, two strategic aims

Aim 1 - Test and implement a reliable method for patients - or their families/carers - to escalate worries and concerns about acute illness and deterioration (when standard care is failing them).

Aim 2 - Test and implement reliable methods for patients - or their families/carers- to routinely input their views about their illness and any worries and concerns into the health record (with evidence these are included in care and treatment plans).

- Collaborative commenced in April 2023 with first national learning session
- Learning session 5 Celebration Event April 25th

Why is this important



Maddy's families concerns not listened to or acted upon.

Marthas parents raised concerns about her deteriorating health to doctors several times



Kane Gorny inquest: Hospital neglect contributed to death

(3) 13 July 20

<



A post-mortem examination found dehydration caused high sodium levels to lead to his death

Neglect by medical staff contributed to the death of a hospital patient who died from dehydration after calling 999 because he was so thirsty.

Evan Smith inquest: Hospital 'failure' led to sepsis patient's death

3 7 April 2021

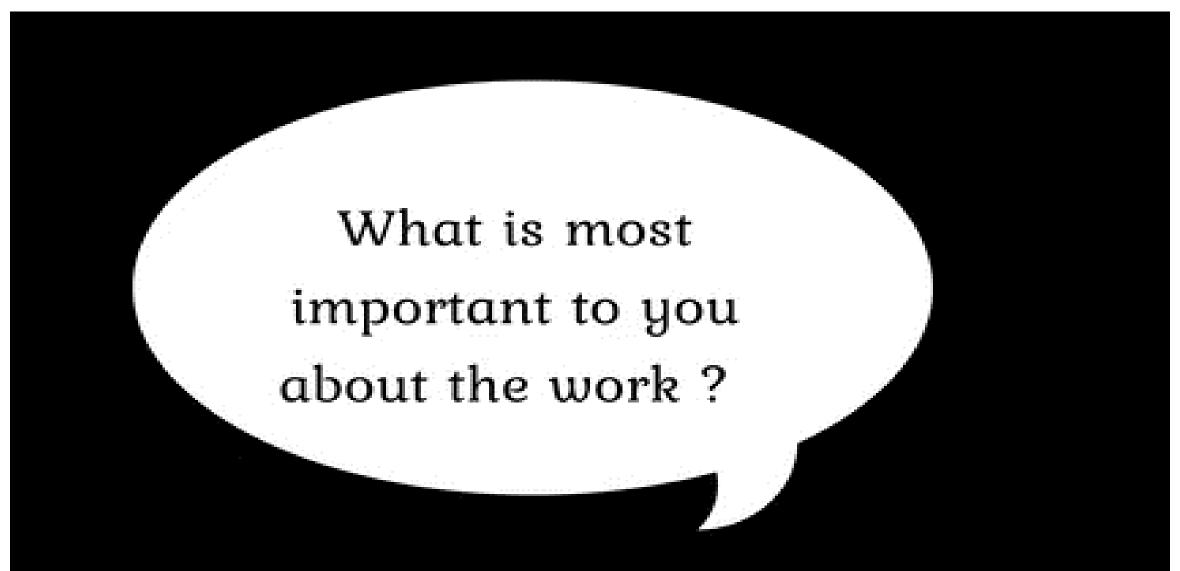
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Evan Smith called 999 while in hospital because nurses refused him oxygen, an inquest has heard

A man who suffered a sickle cell crisis and rang 999 from his hospital bed would not have died if medics had offered him a blood transfusion sooner, a coroner has said.





MORAL

INJURY



Consideration for our staff



- Emotional impact of work
- Staff survey results 2022 14.7 % of staff experienced physical violence from patients, relatives or members of the public
- Staff health and well being
- Retention
- Compassionate leadership



HSIB report explored impact of staff wellbeing on patient safety

Enablers and barriers









EXPLORING THE INFLUENCE OF LEADERSHIP, CULTURE AND HIERARCHY ON RAISING CONCERNS RELATING TO PATIENT DETERIORATION

Report to NHS England Worry & Concern Steering Group

Ashleigh Charles, Research and Policy Associate Jessica Sainsbury Head of Nursing and Midwifery Engagement ofessor Gemma Stacey, Deputy Chief Executive Officer

April 2023

Collaborative leadership

Education and

Feedback and

- Multi-dispalinary decision making
- Patient/ carer perceived and treated as experts in care
- Power sharing
- Training for all to identify deterioration
- Clinical supervision to promote reflection and share learning
- Positive and active response to concerns raised
- Evidence of follow up action
- Learning from feedback from all sources



Patients don't suddenly deteriorate...

Patient-Safety-Related Hospital Deaths in England: Thematic Analysis of Incidents Reported to a National Database, 2010–2012

Liam J. Donaldson , Sukhmeet S. Panesar, Ara Darzi

>2000 patient safety incidents leading to death

Thematic analysis of Safety Incidents Donaldson et al 2010								
Mismanaged Deterioration	35%							
Failure to Prevent deterioration	26%							
Deficient Checking /oversight	11%							

The mismanagement of deterioration is the commonest theme in avoidable patient death Nearly all avoidable hospital deaths are preceded by a measurable worsening in physiology

Avoidability of hospital deaths and association with hospital-wide mortality ratios: retrospective case record review and regression analysis

Helen Hogan,¹ Rebecca Zipfel,¹ Jenny Neuburger,¹ Andrew Hutchings,¹ Ara Darzi,² Nick Black¹

Numbers of deaths	4400
Avoidable deaths	3.6%





All were **deterioration** associated factors

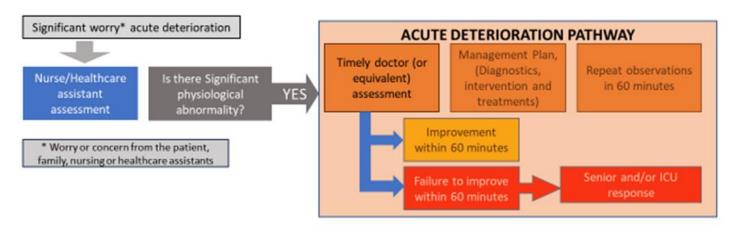
- Inadequate monitoring/assessment
- Failure to spot severity and risks
- Failure to optimise/adequate response
- Inappropriate environment/delays
- Poor communication, documentation
- 2 in 3 associated with prolonged physiological instability
- 1 in 5 of ICU admissions avoidable

.... we suddenly notice

WE MUST IMPROVE THE RELIABILITY OF DETERIORATION CARE

We must give patients/families/clinicians the ability to raise worry/concern, remembering that ...

Nearly all avoidable hospital deaths are preceded by a measurable worsening of physiological observations



We should be increasing the emphasis on improving the reliability within the acute deterioration pathway (including but not limited to monitoring, identification, patient voice, escalation and response).

Achieving this should reduce the need for parents/patients to spot critical illness

No observations for 16 hours despite low Blood pressure





'she had a high heart rate, a fever and fast breathing..She had very low blood pressure'

If we do not focus on the deterioration pathway (and in particular physiological observations), Martha's rule will have no impact on improving patient outcomes

In each hospital, there are an average of 4 significant physiological deteriorations per hour 5 avoidable deaths at each NHS hospital trust each month

Insights & Learning



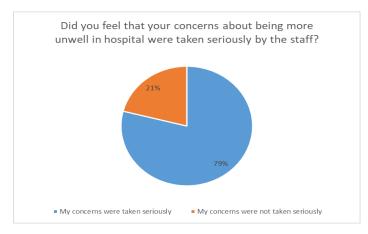
- Collaborative sites testing and implementing mechanisms for patients and families to escalate their worries and concerns - not all via CCOT – using filter mechanisms to support
- Response mechanisms identifying relevant cases, some more related to other clinical or communication issues (which may be important); useful for organisational learning
- Patients and staff importance of involving both patients and staff in codesign and implementation;
 staff and patient interviews have highlighted important issues
- Patient recognition 75% patients felt they would notice if they became unwell, however only 35% of staff felt patients can recognise deteriorations
- Cultural change -importance of a collaborative improvement approach, recognition of professional hierarchies, team-working challenges, need for present leadership
- Measurement for improvement length and type of calls, numbers of criteria vs non criteria calls, impact assessment; Datix reports and complaints, failures to rescue, unplanned admissions to higher care, user feedback
- Evaluation phase 1 interviews completed and phase due to commence later this month: Realist Evaluation approach
- Aim 2 Proactive approach- patients assessment of their illness / wellness working well; staff saying beneficial, identifying cases 12 – 24 hours pre-NEWS changes - being tested in other areas to support identification and prioritisation of clinical review

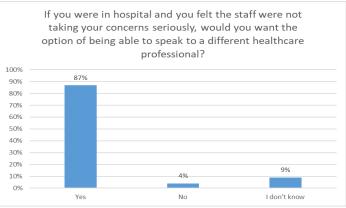
Preparation& planning: 135 patients surveyed

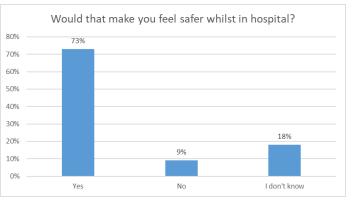
An Academic Health Sciences Centre for London

Pioneering better health for all

- 50:50 gender split, good representation of age/ethnicity
- 62% considered themselves to have disability
- 42% had ICU admission
- LD responses less confident in understanding their condition
- 75 years = less confidence in requesting 2nd opinion
- Males more confident in all categories
- No clear difference in ethnicities
- 67% had raised concerns about deterioration
 - 21% of that group felt their concerns not taken seriously
- 87% want option of 2nd opinion if standard care not working for them
 - 73% felt that would make them feel safer

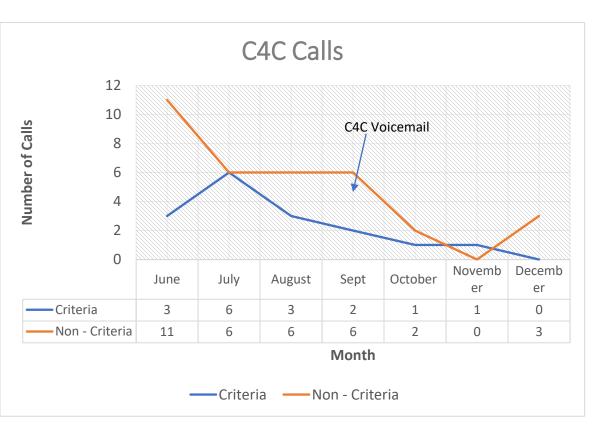




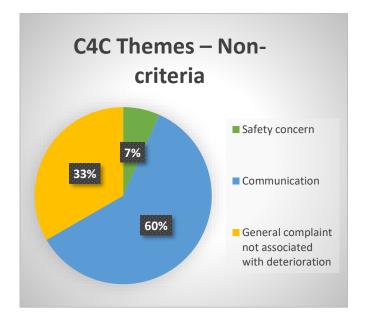


What are we learning from implementing a Patient & Family Response System

Launched trust wide 30th May 2023 – all adult inpatient areas - Total of 35 calls (Jan 24)







Interventions following calls

Outreach spoken directly to the ward

Sign posted relatives to other services – PALs,

Asked the referrer to contact the Ward Manager / Nurse in Charge



Patient Story & Feedback

My dad attended A&E in July; this was following a previous admission with sepsis secondary to cellulitis in the same hand that he was presenting with this time.

When he left the house, he had a temperature of 38.3 and by the time he arrived in A&E they said his observations were stable, despite my mum being with him and seeing that his temperature was raised, heart rate was high, low blood pressure and oxygen saturations. When she challenged this, she was ignored and there was a delay in antibiotics being administered and bloods taken.

Sw.

He was clerked and told he would be admitted under the Orthopaedic team, when he arrived onto the ward, he was very pale in colour, sweating and felt flushed. We asked the nurse that his observations were rechecked, he had a temperature of 40.5, low blood pressure and high heart rate.



The nurses tried to escalate this to the Doctor who continually said he would be another ten minutes, another ten minutes, another ten minutes and that my Dad had been admitted with an infection so what did they expect.



My dad explained that he felt he was going to die and was increasingly more tired. The nurses were escalating to site team and sister on to access a doctor. I then knew we were at a point that my dad could die, and I couldn't sit back and let this happen.



I called the 'Call 4 Concern' number and was greeted with great reassurance from the nurse who answered the call, the nurse came to review my dad and when she arrived the doctor was present, they worked together as a team and treatment began.



The outreach nurse reviewed my dad, informed him and us of the plan and reassured my dad as a patient and us as a family that he would be monitored overnight and someone from outreach would come down to check on him throughout the night.



At a time of panic, worry and uncertainty the 'Call 4'
Concern' service gave us back control as service users and we believe genuinely saved a life.



General Hospital NHS Foundation Trust and Northampton General Hospital NHS Foundation Trust and Northampton General Hospital NHS Trust



How is your child different – worse, the same, or better?

≥13 Yea	ars							NF	I S									≥ '	13	}	Y e	aı	rs
National Paediatric Early Warning System Observation and Escalation Chart 0 1 2 4				li R	lave yo mits? R pO2	u set y	our ala	m	Does your patient have any additional Risk Factor Baseline vital signs outside of normal reference ranges					THINKI Always score the relevant PEWS value even if this is normal for the patient (e.g. cardiac patient) Patient's normal value:								recording an inpa- . The components of led.	
Patient Name: Hospital No. NHS No. Date of Birth: ≥13 years Consultant:					HR BP Other Type of monitor					Tracheostomy/Airway Risk Invasive/Non-Invasive Ventilation/High Flow Neutropenic/Immunocompromised <40 weeks corrected gestation Neurological condition (ie meningitis, seizures) Neurodiversity or Learning Disability Outlier					Do you need additional help in an airway emergency? Check oxygen requirement on additional respiratory support. Remember High Flow/BiPaP and CPAP score maximum of 4 on oxygen delivery Sepsis recognition and escalation has a lower threshold Sepsis recognition and escalation has a lower threshold (beware hypothermia) Remember to check pupillary response if anything other than Alert on AVPU Be aware of the range of responses to pain and physiological changes Do you need support from home ward/team?							a) PU	This chart is solely intended for recording an inpatient paediatric patient's PEWS. The components of the chart should not be amended.
Carer question: Ask your parent/carer: How is your child different since I last saw	Date																					Date	
them? You decide if their response means:	Time																					Time	
W - Worse A – Parent/Carer Asleep S - Same U – Unavailable	Frequency																					Freque	
B - Better	W/S/B/A/U																					W/S/B/A	A/U
Respiratory distress Mild • Accessory muscle use	Value >55 55- 50- 45-										>5)——										Value ->55 - 55 - 50 - 45	Re
Moderate • Tracheal tug • Intercostal recession • Inspiratory or expiratory noises	Respiratory Rate • RR/ min 9-25- 40- 70- 70- 70- 70- 70- 70- 70- 70- 70- 7										35 30 25 20	5										- 40 - 35 - 30 - 25 - 20	Respiratory Rate
Severe • Tripoding • Supraclavicular recession • Grunting	15- 10- <10 Severe										15)——										- 15 - 10 <10 Severe	R

Influencing and Informing Martha's Rule



- Family campaign meetings with family
- SoS commitment
- Patient Safety Commissioner leading a series of sprint events
 - >Sprint 1 defining problem to be solved Oct 9th
 - >Sprint 2 feedback from NHS England pilots Oct 10th
 - >Sprint 3 what already exists and how does this fit with wider work Oct 11th
 - >Sprint 4 developing the solutions for successful implementation Oct 18th

What is Martha's Rule?



- 1. All staff in NHS trusts must have 24/7 access to a rapid review from a critical care outreach team, who they can contact should they have concerns about a patient.
- 2. All patients, their families, carers, and advocates must also have access to the same 24/7 rapid review from a critical care outreach team, which they can contact via mechanisms advertised around the hospital, and more widely if they are worried about the patient's condition
- 3. The NHS must implement a structured approach to obtain information relating to a patient's condition directly from patients and their families at least daily. In the first instance, this will cover all inpatients in acute and specialist trusts.



Improving recognition and treatment of deterioration: Incorporating patients' worries & concerns in the assessment of acute illness

NHS England 'Worries and Concerns' Pilot 2023/24

Liz Tomlin (Head of Quality Improvement and Clinical Outcomes)

Bradford Teaching Hospitals NHS Foundation Trust













NHS E 'Worries and Concerns' Pilot













Collaborative Team Checklist



Role	Our People
Exec Lead / Sponsor	Dr Ray Smith – Chief Medical Officer Karen Dawber – Chief Nurse Officer
Project Lead	Liz Tomlin – Head of Improvement & Clinical Outcomes
Clinical Leads – nursing and medical	Dr Brian Wilkinson – Consultant Anaesthetist Maggie Molloy & Karon Todd – Senior Sisters Critical Care
Patient Safety Partners/Patient Representatives	Yorkshire Quality & Safety Patient Reference Group (YQSPR)
MDT members of Ward / Department / Speciality areas where work will be progressed	Ward Staff from ward 21, ward 7, ward 9 and Virtual ward Clare Nandha – Sepsis Specialist Nurse
Quality Improvement Lead	Lisa Jamieson – Quality Improvement Manager
Patient Experience Lead Patient Safety Lead	Ruth Tolley – Patient Experience Lead



The programme of work has two aims:

- 1. To develop, test, implement and evaluate reliable methods for patients (or their families/carers) to escalate worries and concerns about acute illness and deterioration when standard care is not meeting their needs.
- 2. To develop, test, implement and evaluate reliable methods for patients (or their families/carers) to routinely input their views regarding their wellness/illness and trajectory, and any worries and concerns into the health record, with evidence that those views and worries and concerns are considered and acted on by the healthcare team.



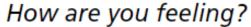
Method: Patient Wellness Questionnaire*

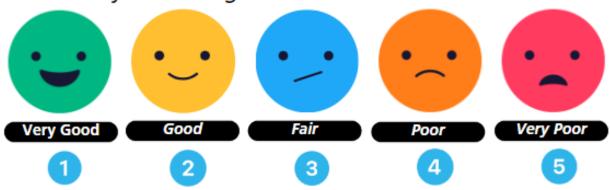
'A measure that can be used to routinely collect patient-reported wellness during observation in hospital and may potentially improve early detection of deterioration.'



Patient Wellness Questions







Patient Wellness Score Decision Matrix

2 3 4 5 6 7 8 9 10

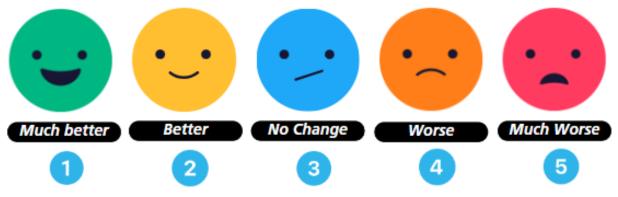
Action based on PW Score

Continue to monitor

Talk to the nurse in charge

Call Critical Care Outreach Team #6775

How are you feeling compared to the last time we asked (or since you arrived in hospital or on the ward)?







NHS Foundation Trust

Model for Improvement

What are we trying to accomplish?

How will we know that a change is an improvement?

What change can we make that will result in improvement?



Aim:

To actively engage with patients (or carers/families) in the acute care setting to routinely input their views regarding their wellness/illness and trajectory into their health record, with evidence that any worries and concerns are considered and acted on by the healthcare team by 31 March 2024.

Measures for Improvement:

- Number of PWQs completed per day
- Percentage of PWQ's completed that are documented in the electronic health care record
- Number of Critical Care Outreach Team referrals
- Qualitative: Patient feedback and Staff feedback

Change Idea: 'Patient Wellness Questionnaire' (PWQ)

It is anticipated that we may detect earlier 'soft signs' of deterioration by listening and involving patients, carers and families, to escalate concerns to a specialist team (CCOR) and acting on those concerns.

Ward 21 Planned Surgery PDSA cycles:

- HCAs PWQ at the same time of observations
- Completed paper forms
- Bay 2 plus side room 5 beds
- Bay 3 plus side rooms 5 beds
- Whole ward 20 beds

Ward 7 Infectious Diseases PDSA cycles:

- · RNs completing PWQ
- Not linked to observation time
- Whole ward (12 beds all side rooms
- Removed paper forms sustained and routine recording in patient notes

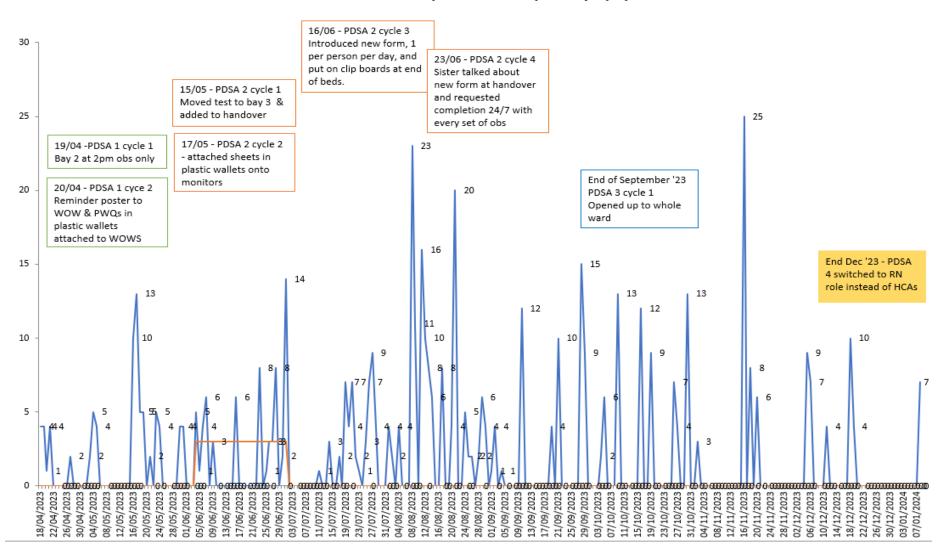
Ward 9 Stroke rehab PDSA cycles:

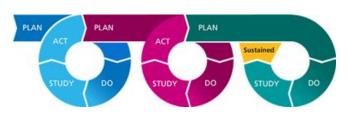
- RNs
- · HCAs added
- Reported directly into electronic health care record – nursing notes
- Whole ward -12 beds



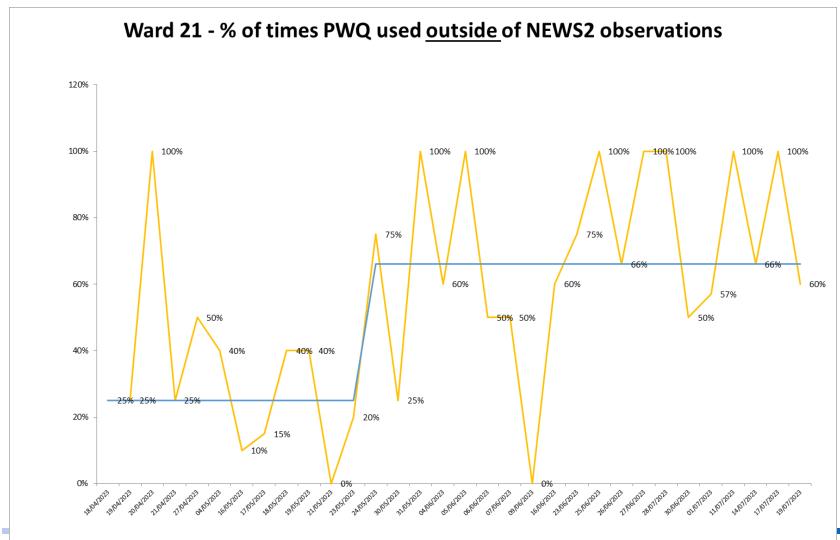


Ward 21: Number of completed PWQs per day - paper based

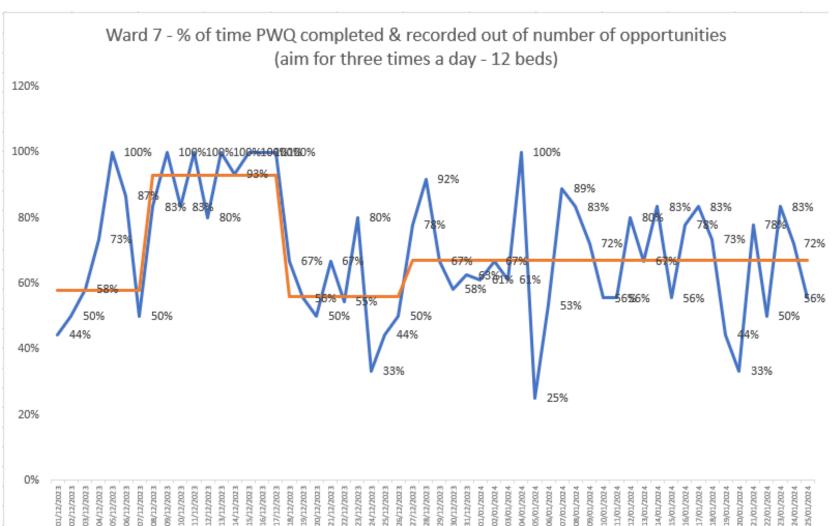






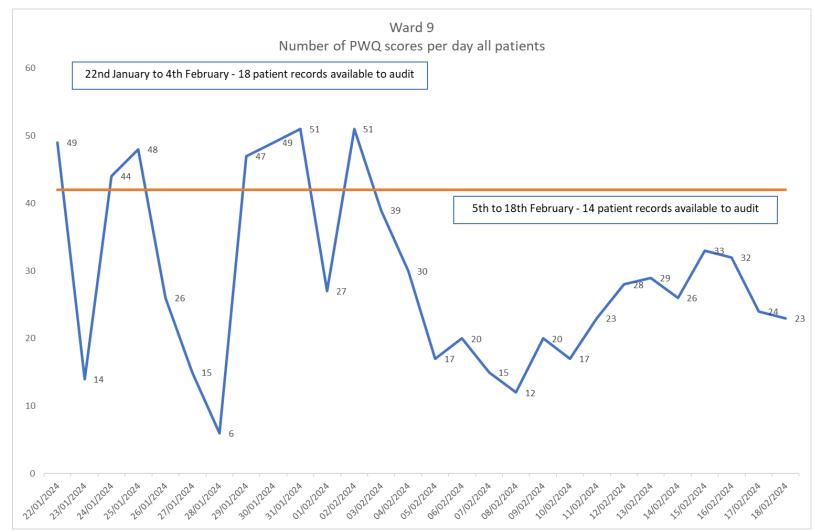








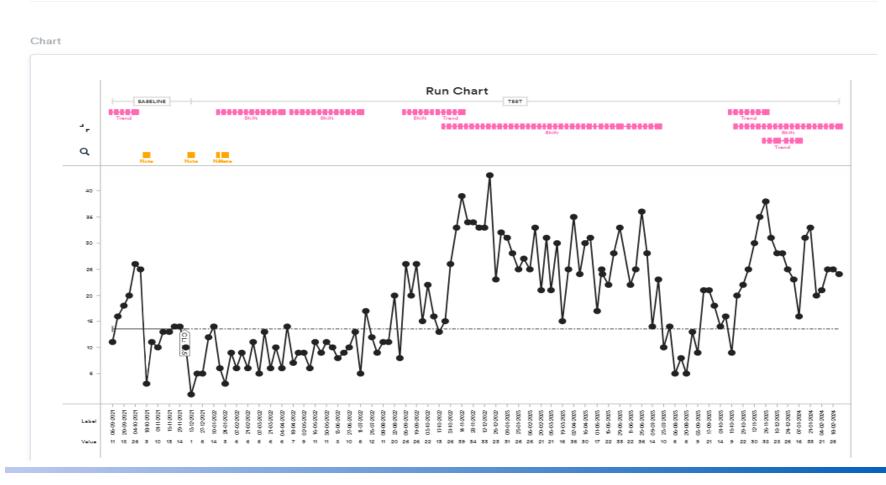




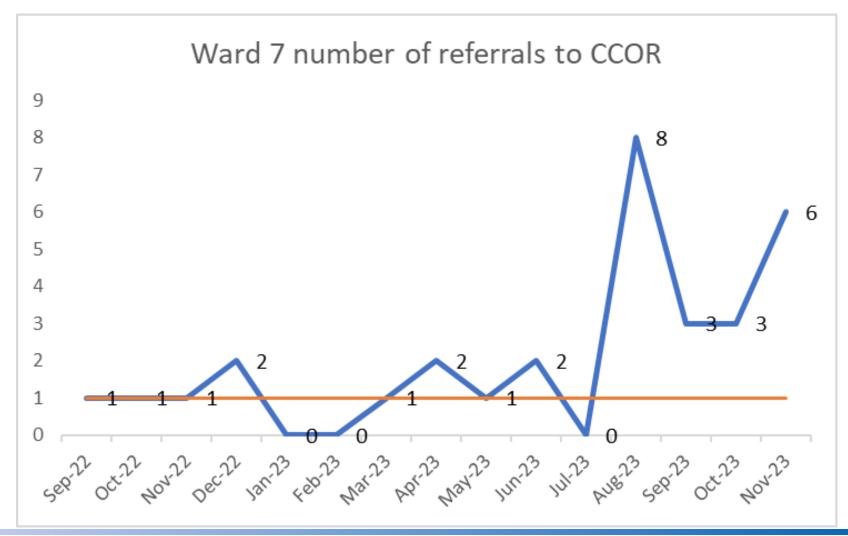




Run Chart – Number of referrals to critical care outreach team (Number of referrals to CCOR team)

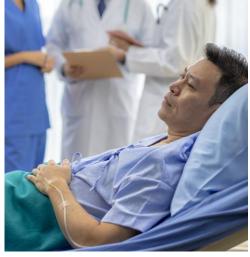






Patient Story – Ward 7











Patient Wellness Questions



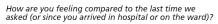
































STUDY – what have we learnt?

- Leadership ward leadership significantly impacts the success
- Staff feedback: Ownership RNs used the PWQ as a time to talk, language was not seen as a barrier to use
- Not completed at the time of observations as suggested by research
- Adaptation for individual wards /cohort of patients
- Buy-in and support from the Critical Care Outreach Team (CCORT)
- Support from Quality Improvement specialists
- Patient feedback: Received well

ACT – what we are going to do ...

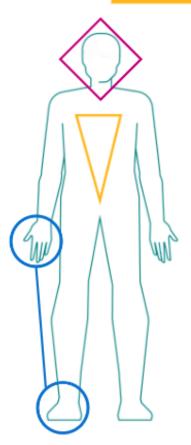
- Continue working with the three ward areas embed and sustain the use of the PWQ
- New areas Virtual ward, Accident & Emergency and Paediatrics
- Learning Disabilities and Autism adapted the PWQ for patients and families
- Health Inequalities explore and measure
- EPR looking to record within Vital Sign section
- Martha's Rule co-design our approach to provide a service for staff, patients and families to have 24/7 access to a rapid review from our CCORT



How are you feeling today?



Does your patient show any of these signs of deterioration?



- New or increased confusion / agitation / anxiety / pain
- Changes to usual level of alertness / consciousness / sleeping more or less
- Increasing breathlessness or chestiness
- Change in usual drinking / diet habits
- 'Can't pee' or 'no pee', change in pee appearance
- Diarrhoea, vomiting, dehydration
- A shivery fever feel hot or cold to touch
- Reduced mobility 'off legs' / less co-ordinated

Any concerns from family, friends or carers that the person in not as well as normal?

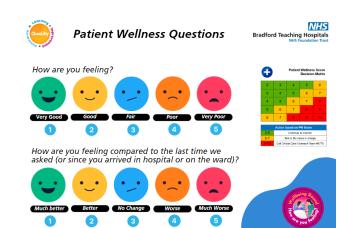
Use this for patients unable to respond to the Patient Wellness Questions (PWQ) and use your judgement to allocate a score.

If YES to one or more of these triggers, take action!

- Document response on EPR (Electronic Patient Record)
- Take a full set of observations
- Speak to nurse in charge



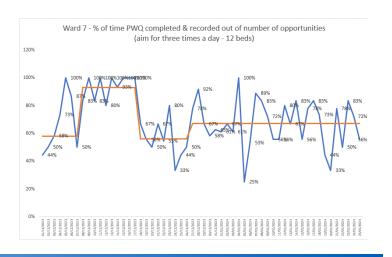








Thank you for listening Any questions?





Thank-you online audience



Keep in touch

his.acutecare@nhs.scot

X @SPSP_AcuteAdult



Breakout session round 2



Sessions begin at 14:25

- Falls: 'Building on the momentum: the next step forward' (main plenary room Arcoona)
- **Deteriorating Patient:** 'Find your game changers' (**Inspiration Suite**)
- Wellbeing: 'Avoiding burnout and supporting wellbeing' (Creation Room)
- QI: 'Scale and spread' (Innovation Centre)

Professor Brian Dolan



Professor Brian Dolan OBE
Director of Health Service 360,
Honorary President of AGILE



Evaluation













X @SPSP_AcuteAdult