

# SPSP Acute Adult Collaborative Celebration Event: A Collaborative Journey: Celebrating Learning Together

26 March 2024

## Speakers' Biographies

**Eddie Docherty**  
Executive Nurse Director  
NHS Lanarkshire

Eddie is the Executive Nurse Director and has professional responsibility for Nursing, Midwifery and Allied Health Professions, starting in February 2020.

Prior to this Eddie was the Executive Nurse Director for both NHS Dumfries and Galloway and NHS24 and was a professional nurse advisor at Scottish Government. Commencing his career in NHS Lanarkshire where he worked for the first 19 years. Leaving Lanarkshire, he has worked in NHS Ayrshire and Arran and NHS Orkney, working in a variety of posts. A Scottish Patient Safety Fellow, Eddie is particularly focused on QI methodology to help support and improve care across all areas of health and social care.



**Joanne Matthews**  
Associate Director of Improvement and Safety  
Healthcare Improvement Scotland

Joanne Matthews (RGN BSc) has over 27 years' experience working across Health and Social Care within Scotland and England. As the Associate Director for Improvement and Safety within Healthcare Improvement Scotland, Joanne provides strategic leadership at national level to the redesign and continuous improvement of health and social care systems across the country.

With a passion for improving the quality and safety of care, she leads a range of national quality improvement programmes supporting leaders to create the conditions and culture for improvement including, for the last 10 years, leading the Scottish Patient Safety Programme (SPSP) and more recently Healthcare Improvement Scotland's work to develop a Quality Management System.

Prior to returning to Scotland in 2013, Joanne had a number of senior clinical, managerial and commissioning roles in the NHS in the Southeast of England. These included the national telephone triage and advice line, NHS Direct Kent, Surrey and Sussex and health and social care strategic commissioning for adult and children's services within Brighton and Hove Primary Care Trust.

Joanne started her career in the NHS as a nurse graduating from Glasgow Caledonian University, is an ILM Executive Coach and a member of The Health Foundation's Q Advisory Board.

### **Claire Mavin**

#### **Portfolio Lead, Perinatal, Paediatric and Acute Care Portfolio, Healthcare Improvement Scotland**

Claire trained as a nurse and worked within the field of neurosurgery in London and Glasgow for 17 years. She completed an MSC in Nursing with applied education and the IHI Improvement Advisor course before moving to Healthcare Improvement Scotland in 2014. Since then she has worked as an Improvement Advisor within the Acute Care Portfolio, a Senior Improvement Advisor within the Primary Care Portfolio and Mental Health Improvement Portfolio and now leads the Acute Care Portfolio.



### **Jenni Minto MSP**

#### **Minister for Public Health and Women's Health**

Jenni was born in Elgin and brought up in St Andrews, she studied accountancy at Aberdeen University and qualified as a Chartered Accountant. She then moved to Glasgow working at BBC Scotland in many different programme areas over 18 years including helping to establish BBC Alba.

Jenni now lives on Islay, where, prior to being elected to Parliament, she volunteered for charities including the Islay Energy Trust and worked as manager of the Museum of Islay Life. Jenni chaired WW1 commemorations on Islay in 2018, which included over 40 events involving all elements of the community.

As MSP for Argyll and Bute, Jenni has contributed to three parliamentary committees and held membership on 15 cross party groups. Her campaign for the removal of VAT from defibrillators received cross-party support in the Scottish Parliament. She was appointed Minister for Public Health and Women's Health in March 2023.

**Dr Lara Mitchell**  
**National Clinical Lead for Frailty (Acute)**  
**Healthcare Improvement Scotland**  
**Consultant in Medicine for the Elderly NHS Greater**  
**Glasgow & Clyde**



Dr Lara Mitchell, is a consultant in medicine for the elderly, Queen Elizabeth University Hospital, Glasgow. She is clinical lead for acute medicine for the elderly and with the team established the front door frailty service. She set up a syncope service in 2003 and runs a weekly Rapid Access Syncope Clinic (RASCL). She is also chair of the British Geriatrics Society Cardiovascular Special Interest Group, a BJC editorial board member and an Honorary Senior Lecturer. She completed the Scottish Quality and Safety Fellowship in cohort 12 and is passionate about design thinking in improving care and patient experience.



**Professor Brian Dolan OBE, FFNMRCISI, FRSA, RMN, RGN**  
**Director of Health Service 360**  
**Honorary President of AGILE**

Brian Dolan is a dual-qualified nurse whose clinical background is in emergency care and is the author/editor of seven books on emergency care, education and leadership. His 'Clinician's Survival Guide to ward leadership and management' will be published by Elsevier in mid-2024, as well as the 4th edition of 'Accident & Emergency: Theory into Practice, co-edited with Salford University Honorary Professor of Social Leadership, Lynda Holt. He's also working on a book on Deconditioning.

He originated the global social movements #Last1000Days, to value patients' time, and #EndPJparalysis, to encourage patients to get up, dressed and moving to reduce their risk of deconditioning while in hospital ([www.endpjparalysis.org](http://www.endpjparalysis.org)). He is the first nurse to become Honorary President of AGILE – the CSP network for physiotherapists working with older people.

Brian was voted one of the 20 most influential people in the 70-year history of the UK's National Health Service in 2018 and in the Queen's 2019 New Year's Honours List, and was awarded an OBE in the 'For Services to Nursing and Emergency Care'.

**Jackie Bartlett**  
**Falls Coordinator**  
**NHS Ayrshire and Arran**

Jackie has been a registered nurse for 37 years, working mainly within assessment and rehabilitation for the older adult. She has an interest in Gerontology and Dementia care and has been a nurse advisor for the Scottish Ombudsman for the last 7 years.

Jackie spent 12 years working as Falls Coordinator within NHS GGC and was based at the QEUH, before moving to NHS Ayrshire and Arran in 2021 to set up the inpatient falls service and work in collaboration with the Quality Improvement Team.

On a personal level Jackie lives in Wemyss Bay with her partner, she has 3 children, 5 grandchildren and a cocker Spaniel called Alfie.



**Stephanie Frearson**  
**Quality Improvement (QI) Lead**  
**NHS Ayrshire and Arran**

Stephanie Frearson has worked for NHS Ayrshire and Arran for 23 years where she is currently Quality Improvement (QI) Lead for Acute Services. Previous to this she worked for as a staff nurse in Glasgow Royal Infirmary before moving to Intensive Care in University Hospital Crosshouse. As QI lead Stephanie and her team have responsibility for the implementation and delivery of the Scottish Patient Safety Programme (Acute Adult Portfolio) aims and agenda and delivering QI education at a local level. Additionally, she supports local QI priorities in support of both national initiatives and NHS Ayrshire and Arran's Quality Strategy. She is a strong advocate of using QI methodology to support clinical teams to make clinical improvements and improve patient experience and outcomes.

Stephanie is married with two lively boys aged 14 and 7 years old. Her passion outside of work is her involvement within the voluntary sector. She served as a trustee for 4 years with the Stillbirth and Neo-natal death Charity (SANDs) and more recently her focus has been supporting at a local level where she is vice-chair of Ayrshire Baby Loss Support, a voluntary organisation who support anyone affected by baby loss.

**Dawn Skelton**  
**Professor in Ageing and Health**  
**Department of Physiotherapy and Paramedicine**  
**Glasgow Caledonian University**

Dawn Skelton is Professor of Ageing and Health in the Department of Physiotherapy and Paramedicine. She is a member of the Falls and Frailty programme within the Ageing Well Research Group. She is a Fellow of the Royal College of Physicians of Edinburgh and an Honorary Fellow of the Chartered Society of Physiotherapy.



As an Exercise Physiologist, she has a keen interest in exercise rehabilitation within a falls prevention scope, from the hospital-based physiotherapy delivery to the community-based specialist exercise instructor provision. Her current research ranges from motivation and patient preference to engaging the very frail, increasing adherence to long-term exercise and working with the pre-frail to prevent poor outcomes later. Implementation, fidelity and quality of evidence-based interventions when delivered in different settings is also her passion. Whilst specialising in randomised controlled trials, she often leads mixed methods studies (including the MRC-funded Seniors USP: Understanding Sedentary Patterns) and is a lead and co-author on multiple Cochrane Systematic Reviews.

Recent research includes NIHR-funded programme grants in exercise as an intervention for frailty (HomeHealth), falls prevention (VIOLET, PhISICAL, Innovate UK MIRA). Work on co-creation to improve acceptability has been funded by Wellcome (Strong and Balanced Offer) and EC Horizon 2020 ITN (HealthCascade). She works closely with colleagues in Norway and Ireland on exercise following discharge from hospital and those receiving care at home, and colleagues in Sweden on smartphone provision of falls prevention exercise.

Current doctoral supervision includes a range of projects related to falls and frailty, such as conveyance to hospital following a fall, functional decline in hospital-at-home settings, functional fitness in older adults, and physiotherapy student led exercise as part of a falls pathway.

She chaired the Royal Osteoporosis Society's Statement on Exercise and Osteoporosis (2018) and the Older People Panel for the UK's update of the Physical Activity for Health Guidelines (2019). She is currently Chair of the British Geriatrics Society Rehabilitation Group and is part of the Community Rehabilitation Alliance and the National Falls Prevention Co-ordination Group within Public Health England. She is a member of the Scientific Advisory Board for the Older People and Frailty Policy Research Unit (OPFPRU) funded by the NIHR.

She recently received the British Geriatrics Society Marjory Warren Lifetime Achievement Award for her work in translating falls prevention research into practice. She has also been honoured with an honorary medical doctorate (MD) from Umea University for her work in functional exercise with older people. She is also Director of the not-for-profit training company Later Life Training.

Dawn is also an Honorary Professor with NHS Lanarkshire, where she is a member of the Falls Prevention Strategy Group.

Her research interests include falls and fracture prevention, sedentary behaviour interventions, frailty, foot health and vision in relation to falls, behavioural strategies, motivation to exercise, implementation science, quality of life, and older adults.



**Dr Gregor McNeill**  
**NHS Lothian Deteriorating Patient Lead**  
**Consultant in Intensive Care Medicine, NHS Lothian**  
**Faculty of Intensive Care Medicine ACCP Subcommittee Co chair**

Dr Gregor McNeill is the Deteriorating Patient Lead for NHS Lothian and a full time Consultant in Intensive Care Medicine. Between 2021 and 2023 he was Clinical Lead for SPSP Acute Adult within Healthcare Improvement Scotland. His first consultant post was at Queens Medical Centre in Nottingham and since 2015 he has worked at the Royal Infirmary of Edinburgh (RIE). Dr McNeill was Clinical Lead for Critical Care in RIE during the first COVID-19 pandemic wave. He has a passion for quality improvement (QI) and is a Scottish Quality and Safety Fellow. His main QI interest is improving the care of deteriorating patients prior to Critical Care admission. His other main area of interest is Advanced Critical Care Practitioners (ACCPs) who are now working in Intensive Care throughout Scotland. He is chair of the Scottish ACCP Training Network and co chairs the Faculty of Intensive Care Medicine ACCP Subcommittee.

**Dr Lynsey Fielden**  
**National Clinical Lead for Deteriorating Patient**  
**Healthcare Improvement Scotland**

Dr Lynsey Fielden is an Ageing & Health Consultant Physician with NHS Forth Valley. During the past 10 years where she has worked in many clinical areas and led on a variety of projects. Prior to her current role she was Hospital Palliative Lead as well as ReSPECT Project Lead with NHS Forth Valley and also a Resus Council (UK) member and is currently involved in the Future Care Planning National Working Group.

Dr Lynsey Fielden has brought her experience and expertise to the National Clinical Lead role, along with her passion for a collaborative multidisciplinary approach to improvement work.



**Lesley Morrow**  
**Quality & Safety Improvement Lead**  
**NHS Lothian**

I am an occupational therapist by background. After 12 years working clinically, I transitioned into change management and have held a series of redesign and improvement roles in; human resources, cancer & critical care services, unscheduled care collaborative, 18 weeks, Modernisation Team and now in the Quality Directorate. My experience across these roles has been enhanced by qualifications in Lean and Clinical Systems Improvement. I undertook ScIL - Cohort 7 in 2017. I enjoy supporting people on their quality

improvement journey, helping them to understand the learning and then putting it into practise.

**Emma Hearn**  
**Associate Quality Improvement Advisor for Deteriorating Patient**  
**NHS Lothian**



I qualified as an Adult Nurse in 2003 working within Acute Medicine and Cardiology. In 2018 I moved to the post of Resuscitation Officer within NHS Lothians' main acute sites providing direct deteriorating patient emergency care and educating our whole staff group in all aspects of resuscitation and deteriorating patient. In 2022 I joined the Quality Directorate as Associate Quality Improvement Advisor for Deteriorating Patient within NHS Lothian. Most recently I have graduated from Scottish Improvement Leadership Programme and now combine my QI knowledge with my clinical expertise to lead Deteriorating Patient improvement work across NHS Lothian.



**Gillian McAuley**  
**Acute Nurse Director**  
**NHS Lothian and Honorary Senior Research Fellow**  
**Queen Margaret University**

Gillian has been in Nursing for 37 years operating in many Senior Professional roles locally in Lanarkshire and Lothian and leading national projects. Gillian has a Master's in Advanced Health Studies, a Diploma in Management and recently completed the Oxford University Executive Leadership Programme. Passionate about quality and person-centred processes, leadership and systems, Gillian is Scottish Quality and Safety Fellow (Cohort 11).

**Dr Chris Healey**  
**Consultant Gastroenterologist**  
**Airedale NHS Foundation Trust**

Chris Healey is a gastroenterologist in West Yorkshire, approaching retirement. He has worked in a small DGH, Airedale NHS Foundation Trust since 1998. There he developed specialist services for viral hepatitis and IBD. He established JAG accreditation for the endoscopy service and has been an accredited NHSBCSP colonoscopist since 2007. He became interested in endoscopy quality assurance and started working for the Joint Advisory Group for GI endoscopy in 2008, become a lead assessor in 2014 and was the chair of JAG UK endoscopy accreditation scheme from 2018 to 2022. He has



remained committed to providing excellence in gastroenterology within both endoscopy and clinical settings. He is a member of the BSG endoscopy committee and a NHSE speciality advisor for leadership.

Outside work he is a committed Yorkshire man enjoying bikes, boardgames and beer and is a Bass Baritone with Bradford Festival chorus. His experiences of stress and burnout through his consultant career has led him to learn more about support and mentoring. He has no academic interest in burnout but has found his reflections and suggestions, well received as he built them into talks and seminars. One goal is to share experiences to help other avoid or reduce the negative impact of a professional medical life.



**Hazel Devlin**  
**Specialist Lead**  
**Quality Improvement Team**  
**NHS Education for Scotland**

Hazel joined the Quality Improvement team in November 2021 with a clinical background as a Diagnostic Radiographer working in both NHS research posts for 21 years specialising in cardiovascular imaging and Magnetic Resonance Imaging. Hazel left her clinical role in 2016 and pursued a career as an NHS Project Manager managing ehealth and finance projects. In 2019 she was involved as part of the National Value Management Collaborative as a participating board project manager/coach and was also a participant on SCLIP Cohort 16.

**Emily Waite**  
**Senior Educator**  
**QI Team**  
**NHS Education for Scotland**

Emily is the operational lead within the NES QI team Continuous Improvement Portfolio and also works across all QI educational programmes. Prior to joining the QI team Emily was an occupational therapist and has clinical experience in a range of settings, latterly specialising as a Macmillan OT and AHP practice education lead.





**Jane Murkin**  
**Deputy Director, Safety and Improvement – Nursing**  
**NHS England**

Jane is the Deputy Director for Safety and Improvement – Nursing, in the Office of the Chief Nurse at NHS England, leading on a range of national nursing strategic priorities in patient safety and quality improvement.

An experienced nurse leader in senior roles at executive and system level, previously working as a Chief Nursing and Quality Officer. Jane has extensive healthcare experience, skilled in patient safety and quality improvement, with an extensive background in leading improvement work at international, national, regional, and local health care system level.

In her current role Jane leads on the delivery of national nursing improvement programmes, providing nursing leadership to the delivery of NHS Impact, including the establishment of two national nursing and midwifery quality improvement networks, providing a quality infrastructure and creating the conditions for staff to lead improvements in the quality and safety of care.

**Liz Tomlin**  
**Head of Quality Improvement and Clinical Outcomes**  
**Bradford Teaching Hospitals NHS Foundation Trust**

Liz is Head of Quality Improvement and Clinical Outcomes at Bradford Teaching Hospitals NHS Foundation Trust. Qualifying as a Registered Nurse in 1990 in adult nursing, Liz has worked in the acute clinical setting for over 16 years. This experience includes NHS and private health care and across a range of specialties, such as, trauma and orthopaedics, surgery, renal and endoscopy. In 2007, Liz joined the Trust and has spent over a decade working in patient safety research at the Bradford Institute of Health Research. Following an MSc in Health Sciences at the University of York, Liz successfully completed a PhD in 2018, funded by the Health Foundation, at the University of Leeds. Her thesis explored the mechanisms of change underpinning a specific quality improvement (QI) methodology: experienced based co-design. Liz has pursued her interests with Improvement Science and has significant experience in patient and public involvement and engagement in the healthcare setting. Liz is committed to delivering meaningful changes to improve the quality and safety of patient care and improving the work experience for staff.

