

Focus on Frailty programme

Progress update: June to August 2023

The Focus on Frailty programme

Focus on Frailty: is an improvement and implementation programme run by Healthcare Improvement Scotland. It runs for 18 months from May 2023 to December 2024.

Programme aim: to improve the experience of and access to person centred and coordinated health and social care for people aged over 65 who are living with frailty.

What we do

Focus on Frailty programme: we provide quality improvement, strategic planning, data, evaluation and person-centred codesign support to six teams comprising of NHS boards, health and social care partnerships and GP practices.

National Frailty Learning System:

enabling health and social care professionals to learn, connect and exchange information and current practice relating to frailty. There are currently over 600 members of the frailty learning system channel on MS Teams.



Focus on Frailty teams:

South Ayrshire HSCP and NHS Ayrshire & Arran Moray HSCP and NHS Grampian NHS Lanarkshire and North Lanarkshire HSCP Perth and Kinross HSCP and NHS Tayside Glasgow Royal Infirmary, NHS Greater Glasgow and Clyde

NHS Dumfries & Galloway and Dumfries & Galloway HSCP

The programme is supported by <u>an evidence-based package of support</u> for health and social care teams. It is grounded in Healthcare Improvement Scotland's <u>90 day learning cycle on frailty</u> and previous improvement programmes.

Each team will develop their own aims in line with the primary drivers which support the Focus on Frailty programme.



Progress so far

Learning session 1 attended by 93 people

Webinar on lived experience and improvement work attended by 50 people

Set up an advisory group and a delivery group to support the programme

Organised site visits and held 1-2-1 coaching calls with the teams

Webinar on measurement for improvement attended by 81 people

Published a measurement framework and data workbook

Feedback from Focus on Frailty participants

Great to understand how we understand our system from a patient perspective

- Lived experience webinar participant

Workshop 2 around patient centred learning was excellent

-Learning session one attendee

The session was a good introduction to frailty and the challenges within services for older adults

-Learning session one attendee

Reassuring, supportive, great collaborative opportunity

-Measurement for improvement webinar participant A useful session, to inspire and direct future thinking.

- Measurement for improvement webinar participant

Next steps

- First data return and progress report on 1 September.
- Healthcare Improvement Scotland will visit each team across September and October.
- The first meeting of the Frailty and Dementia advisory group on 4 October.
- The first meeting of the Focus on Frailty delivery group on 23 October.
- Webinar on strategic planning on 24 October.
- Second learning session will be held on 1 November at the Golden Jubilee Conference Hotel.

Contact us

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