# Healthcare Improvement Scotland | ihub

# Hospital at Home Programme

## Progress update October 2023

**Hospital at Home (H@H):**

- is a short-term, targeted intervention providing acute level hospital care in an **individual's own home** or homely setting.[1]
- has **high satisfaction** and patient preference across a range of measures.[1]
- reduces pressure on unscheduled acute care in hospitals by **avoiding admissions** and **accelerating discharge**.[1]
- has consistent evidence of **lower costs** compared to inpatient care.[1]

**What we do:**

- **Optimise and expand H@H services:** Support NHS boards/HSCPs to optimise and expand their existing H@H services.
- **Develop new H@H services:** Support remote and rural areas across Scotland to implement new H@H services.
- **National Learning System:** Enable H@H services to share and learn from each other.
- **National Infrastructure:** Develop national infrastructure to enable sustainable H@H services.

## Impact so far...

### 33% increase in patients managed by hospital at home services[2]
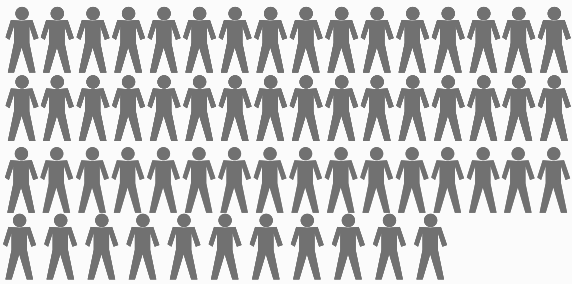


compared to...
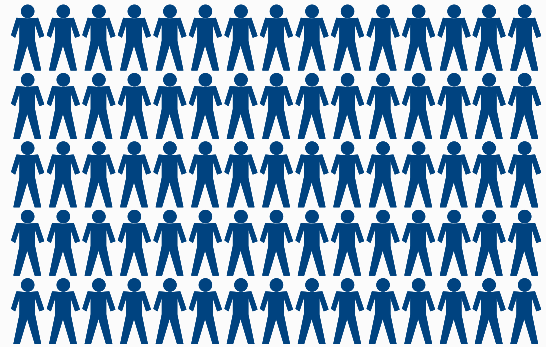
**5,322 patients** were managed by H@H services from April 2022 to September 2022.

**7,076 patients** managed by H@H services from April 2023 to September 2023.

H@H services prevented over 7,000 people spending time in hospital during April-September 2023, relieving pressure from A&E and the Scottish Ambulance Service.

## Delivering patient centred care[3]

> **It worked perfectly because I was in an environment that I knew, somewhere I was looking forwards to being and then you have wonderful people come in and give you the treatment that you need but it's in the comfort of your own home.**
>
> **It can't be beat!**

Patient supported by NHS Western Isles Hospital at Home team.

**Click here** to listen to the podcast episode to hear more directly from the patient, or

Scan the QR code below to listen to the podcast.

# This has been achieved by...

## Working with more areas across Scotland[1]

**Areas with a H@H service in March 2023**

**Areas in the HIS H@H expansion programme**
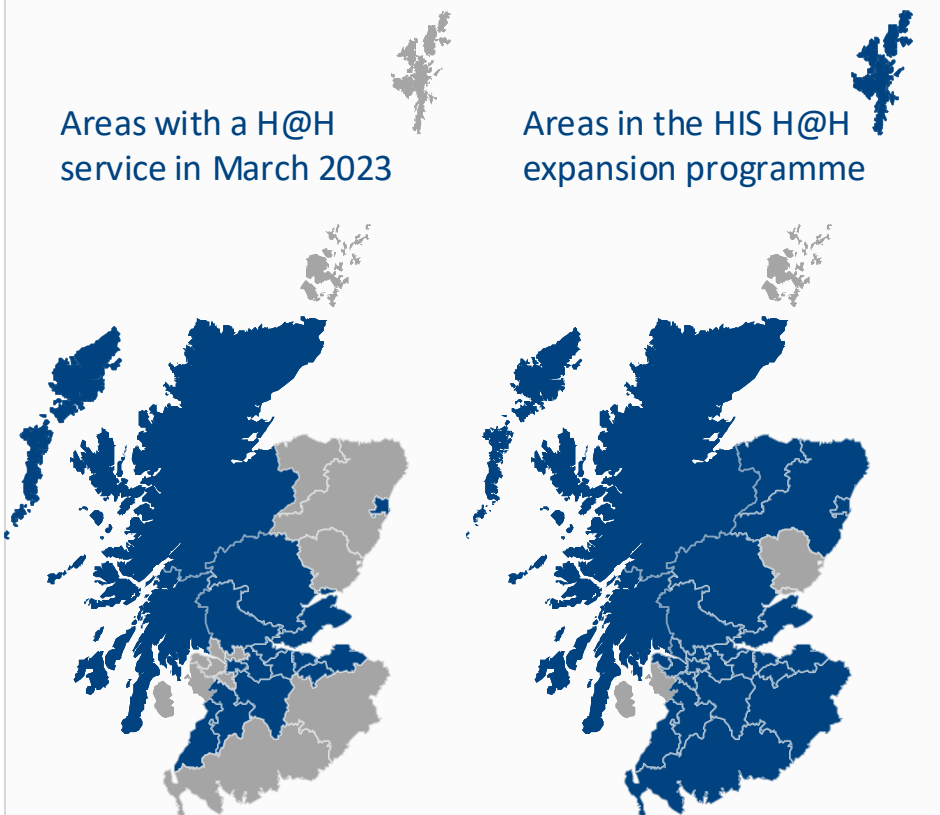
More areas than ever now either have a H@H service or are working with Healthcare Improvement Scotland to develop a service. This includes some of the most remote and rural areas of the country. It is equivalent to 370 "virtual hospital at home beds". The expansion programme includes 27 health and social care partnerships, meaning an expansion of up to 10 new HSCP areas.

## Allocating £3.6 million

Scottish Government have allocated £3.6 million to continue the growth of H@H services in 2023/24.

This is being used by H@H services to support more patients by:

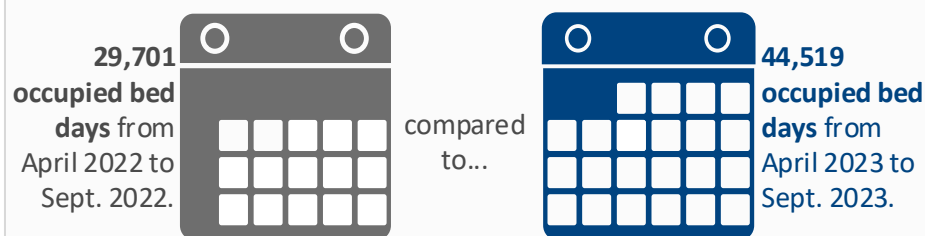Obtaining equipment, including point of care testing, to reduce travel time.

Performing remote consultations to promote equity of access and increase consultant sessions

Recruiting and training staff to build capacity and to free up clinical time.

## Increasing bed days by 50%[1]

**29,701 occupied bed days** from April 2022 to Sept. 2022.

compared to...

**44,519 occupied bed days** from April 2023 to Sept. 2023.

Occupied bed days are counted in H@H when a patient stays overnight in the service. Since 1 April 2023 there has been a change to the way in which these are measured for greater accuracy. This may contribute towards a higher increase in this period compared with the previous year.

## Networking events in Glasgow and Inverness[4]

Networking events were held for people working in H@H services in September and October 2023.

Of the attendees who provided feedback, **94%** said that the events were useful or very useful.

As a result of the event, attendees said:

- They would develop pathways
- Link with other services including SAS, and
- Develop their point of care testing.

**Information sources:**
1. Rapid Response - Admission avoidance hospital at home for older people with frailty, Healthcare Improvement Scotland, February 2022.
2. Monthly improvement data each H@H service submits to Healthcare Improvement Scotland since March 2021.
3. Healthcare Improvement Scotland, (2023), The Healthcare Improvement Podcast [Hospital at Home], 23 August 2023
4. Feedback from event evaluation forms.