

SPSP Caesarean Birth Change Package

2023 Caesarean Birth Driver Diagram

What we are trying to achieve...

Phase 1:
Understand variation in
caesarean births across NHS
Scotland

*Which will
then
inform:*

Phase 2:
Identification of local
improvement priorities

**Essentials of Safe Care*

We need to ensure...

Understanding of variation

Person centred care*
considers the Continuity of
Carer approach

Safe communication*

Evidence based delivery of
maternal care / fetal care

Leadership to promote a
culture of safety at all
levels*

Which requires...

Phase 1

Accurate and complete Robson criteria data

Understanding and use of NHS unit, board and national data

Local data informs patient information and decision making

Phase 2

Women / birthing person empowered to make informed decisions about their care

Shared decision-making between women / birthing person and healthcare professionals

Inclusive care pathways which provide equitable and culturally appropriate access and treatment

A culture of open and effective communication within and between healthcare teams

Multidisciplinary teamwork and collaboration

Safe, reliable care in labour

Effective management of malpresentation and malposition

Women / birthing person fully informed of induction of labour

Effective management of VBAC

Psychological safety

Staff wellbeing

System for learning

Safe staffing

Core programme measures



Healthcare
Improvement
Scotland



Phase 1:
Understand variation in
caesarean births across NHS
Scotland

*Which will
then
inform:*

Phase 2:
Identification of local
improvement priorities

Number of boards submitting Robson
criteria data

Percent completeness of Robson criteria
data

Number of boards using data to agree
improvement priorities

Primary Driver

Understanding of variation



Healthcare
Improvement
Scotland



Secondary Drivers

Change Ideas

Accurate and complete
Robson criteria data

Staff education provided
for Robson categorisation
and data input

Raise staff awareness of
missing data fields to
improve accuracy

Understanding and use of
NHS unit, board and
national data

Capture and
share learning
between
boards

Identify focus for
improvement work
using CS data

Use of PHS coding
algorithm to access
Robson data

Robson
classification data
analysed and
compared at
national level

Demographic and ethnicity
data analysed and
compared at national and
local level

Local data informs patient
information and decision
making

Staff have access to and use
local and national data to
inform discussions using
standardised discussion tool

Mechanism to measure
quality of discussions and
use data for improvement

Primary Driver

Person centred care considers the Continuity of Carer approach



Healthcare
Improvement
Scotland



Secondary Drivers

Change Ideas

Women / birthing person empowered to make informed decisions about their care

Co-produced person centred care plans consider ethnicity, deprivation and individual communication needs

Documented individualised risk assessment for women / birthing people in latent phase of labour and in active phase of labour

Co-produced person centred care plan for women / birthing people in latent phase of labour and in active phase of labour

Person centred language is promoted and used (e.g. RCM Re:Birth) in all settings

Use of evidence based parent education and signposting to inform birth plans e.g. BRAINS / It's OK To Ask

Shared decision-making between women / birthing person and healthcare professionals

Implement CoC model of care

Offer of specialist support for women / birthing people who have requested a planned CS

Documentation of shared decision making

Informed consent highlights the risk / benefits using evidence based practice and data

Inclusive care pathways which provide equitable and culturally appropriate access and treatment

Social determinants addressed through onward referral to appropriate services

Staff afforded flexibility to provide care proportionate to need for those experiencing severe and multiple disadvantage

Staff able to identify, challenge and change the values, structures and behaviours that perpetuate systemic racism

Local education for staff to enable support for those experiencing severe and multiple disadvantage

Provision of timely interpretation services support

Primary Driver

Safe communication



Healthcare
Improvement
Scotland



Secondary Drivers

Change Ideas

A culture of open and effective communication within and between healthcare teams

Develop and implement effective lines of communication between community and hospital services

Post emergency caesarean section MDT debrief to provide opportunities for reflection and learning

Locally agreed staff education provided for debriefs

Locally agreed debrief for parents following emergency caesarean section

Women / birthing people are offered the opportunity to discuss their care before discharge from maternity services

Interdisciplinary teamwork and collaboration

Hourly buddy reviews, including ongoing risk assessment, during and following labour

Opportunities for interdisciplinary teams to share and act on learning from debriefs

Primary Driver

Evidence based delivery of maternal care / fetal care



Healthcare
Improvement
Scotland



Secondary Drivers

Change Ideas

Safe, reliable care in labour

1: 1 care in labour and birth and immediate postnatal period

Reliable provision of information on mobilisation, positions and analgesia in labour to women / birthing people

Locally agreed pathway for fetal monitoring, interpretation and escalation

Effective management of malpresentation and malposition

Implementation of local malpresentation / malposition pathway

Reliable access and provision of ECV

ECV education/support to women / birthing people

Women / birthing people fully informed of induction of labour

Reliable implementation of locally agreed evidence based pathway and guidance for IoL

Locally agreed escalation of care policy

Induction of Labour education and support for women / birthing people

Informed discussion documented, including risks and benefits of early induction of labour

Effective management of VBAC

Implementation of National VBAC guidance

VBAC education and support for women / birthing person

Primary Driver

Leadership to promote a culture of safety at all levels



Healthcare
Improvement
Scotland



Secondary Drivers

Change Ideas

Psychological safety

Access to regular clinical supervision and/or senior support and discussion

Create forums to allow staff to identify areas for improvement

Visible supportive leadership

Structured 1:1 time

Staff aware of mechanisms available to support speaking out (including key contacts and feedback loop)

Staff wellbeing

Staff supported to celebrate success

Access to peer support and clinical educators

Local process to support and learn from safety walk rounds

Promotion of National Wellbeing hub

System for learning

Local process to keep policies and guidelines up to date and communicated timeously to staff

Locally agreed process for implementing national guidelines

Local mechanism to support continuous learning and improvement

Establish links with local QI support

Information from DATIX/SAER/PMRT/complaints used to inform learning and improvement

Safe staffing

Staff education and awareness of staffing legislation and wider workforce planning principles

Efficient and safe rostering / CoC model implemented

Real time staffing risk assessment, escalation and mitigation

Local maternity workforce data, including staffing levels, skill mix, experience etc. used to identify focus for improvement work

Perinatal service staffing levels regularly reported and discussed at site level during safety huddles

Contact details



Healthcare
Improvement
Scotland



his.spsppp@nhs.scot



@mcqicspsp @online_his
#spsp247 #PerinatalCare

Edinburgh Office

Gyle Square

1 South Gyle Crescent

Edinburgh

EH12 9EB

0131 623 4300

Glasgow Office

Delta House

50 West Nile Street

Glasgow

G1 2NP

0141 225 6999